

# Northern Europeans - Artistic Gymnastics

## Rules & Technical Regulations – 2025-2028 inclusive

### Art. 1: Participation & Dates

- The competition will be run in accordance with the decisions of the participating countries and in line (where possible) with the Statutes and Technical Regulations of the FIG.
- Gymnasts' rights of participation are in line with Section 1, Article 5 of the FIG Technical Regulations.
- The following 12 countries can participate on an annual basis: 1) Denmark, 2) England, 3) Faroe Islands, 4) Finland, 5) Iceland, 6) Ireland, 7) Isle of Man, 8) Northern Ireland, 9) Norway, 10) Scotland, 11) Sweden, and 12) Wales.
- Federations who wish to join the Northern European Championships must 1) send an official request to a member Federation & 2) be supported by a member Federation. All decisions regarding the addition of new member Federations will be taken by the member Federations (1 vote per Federation) with simple majority applying.
- The Northern Europeans for Men and Women will take place every year in November (unless another date is proposed and accepted by member Federations)
- The Northern European rotational plan (see Appendix. 2) must be confirmed at least three years in advance. Finalized dates and venues must be communicated at a minimum of 18 months in advance of the next competition to provide federations with time to plan their budgets accordingly. This should be done via email to each Federation (using Appendix.1 - Contact List).

### Art. 2 – Duties of the Host Federation & Financial Obligations

- The host federation is responsible for the technical organization and the flawless running of the event which includes the running of the competition, provision of medals &/ prizes (where applicable), equipment of FIG and competition standard, the training sessions, and the necessary meetings.
- The Host Federation must make every effort to register the competition as an FIG sanctioned event (Category 4 Competition).
- The host federation must appoint a Safeguarding Officer for the duration of the championships. Details about how to contact the Safeguarding Officer should be included in the Work Plan.
- The host federation must have a designated Anti-Doping Control area.
- The host federation must provide a video review option for all routines with the consent to recording being captured as part of the nominative registration &/ accreditation process i.e. *"Please note that by entering and/or attending this event, all delegation members agree to being recorded and/or photographed."*
- Following the competition, the host Federation should (where possible) share the recordings with all member Federations for coaching & judge education purposes.
- The host federation must provide Flags for all participating federations.
- The host federation must provide National Anthems for all participating federations, and these must be confirmed by the concerned federation at accreditation.
- The host federation must offer at least 2 accommodation options in different price categories where possible. It is important to find accommodation alternatives as close as possible to each other and the competition hall.
- The Orientation meeting should be held on Friday, preferably in the evening.
- The participating federations are responsible for all costs associated with the participation of their Team(s).
- An entry fee of EURO €100 per gymnast is payable by each Federation.
- Immediately following the Qualification Competition, the host federation must publish the following:-
  - The Team Ranking List
  - The All-Around Ranking List – maximum 2 gymnasts per Federation will be considered.

- The Apparatus Ranking List in which will be highlighted the top 8 gymnasts who have qualified for the Apparatus Finals – maximum 2 per Federation will be considered.
- The host Federation must distribute one copy of the complete results to all participating federations on completion of the Championships. These are to be sent by email to the Northern European's contact list (Appendix 1) and the Head of Delegations.

### **Art. 3 – Competition Schedule**

- Day 1 – Thursday – Official Arrival Day
- Day 2 – Friday – Training
- Day 3 – Saturday - Qualification Competition including Team Final Result (MAG & WAG), All Around Final Result (MAG & WAG) and qualification results for Apparatus Finals (MAG & WAG).
- Day 4- Sunday - Apparatus Finals (MAG & WAG)
- Day 5 – Monday - Official Departure Day

### **Art. 4: Competition Format**

- Each federation may enter a maximum of 1 Team **or** Individuals.
- It is possible for federations to send both Senior and / or Junior gymnasts, however, **a maximum of 1 Junior score** will count towards the Team total on each apparatus.
- The age of the Gymnasts is as per FIG.
- Gymnasts will be judged in accordance with the current FIG Code of Points (MAG / WAG) with the requirements of the relevant age category applying (Junior / Senior).
- A Team consists of 4 - 6 Gymnasts (Both MAG & WAG).
- All 6 Gymnasts will compete on each apparatus with the top 4 scores on each apparatus counting towards the Team total on the Apparatus.
- If a federation does not have enough gymnasts to enter a team, they may compete with Individuals - Maximum 3 Individuals.

Qualification Competition including Team Final, All-Around Final & qualification for Apparatus Finals for both MAG & WAG.

- The QC comprises of 6 Apparatus for MAG & 4 Apparatus for WAG.
- The Number of subdivisions will depend on the number of participants.
- The 3 teams who placed 1<sup>st</sup>, 2<sup>nd</sup> & 3<sup>rd</sup> in the previous year, **plus** the host Federation will participate in the last subdivision.
- A draw will be undertaken to determine which apparatus these 4 Federations start on.
- Once this draw is completed the remaining Federations will be drawn in the prior subdivision(s).
- The draw for the starting order will be undertaken by the host Federation after receipt of the Definitive entries and will be communicated to all federations in the Work Plan.

#### **Individual All-Around Competition – MAG & WAG**

- One combined ranking list (inc. all Junior & Senior Gymnasts) will be produced from the results of the Qualification Competition to determine the All-Around Ranking.
- A maximum of 2 Gymnasts per federation (regardless of whether they are Junior / Senior) will be considered in the ranking list.

#### **Apparatus Finals – MAG & WAG**

- The 8 highest ranked gymnasts on each apparatus from the Qualifying Competition will qualify for the respective MAG / WAG Apparatus Final. A maximum of 2 gymnasts per federation (regardless of whether they are Junior / Senior) will be allowed in the Finals.
- The Starting Order will be determined by the Drawing of Lots by the Host Federation in advance of the Competition, the outcome of which will be detailed in the Work Plan.

- If after the QC there are 9 (or more) gymnasts qualified on a particular apparatus, the host federation will undertake a new draw to determine the starting order on the concerned apparatus.
- Federations do not have to confirm the participation of their gymnasts in Apparatus Finals unless they are proposing to withdraw & / replace the gymnast with another gymnast from their federation (subject to FIG rules – the NF replacement must be higher than the 1<sup>st</sup> Reserve)

#### **Art. 5 – Tie Breaking Rules**

- In line with FIG, ties will be broken in the qualification to Apparatus Finals.
- Ties will not be broken in 1) the All-Around Final, 2) The Team Final & 3) The Apparatus Finals.

#### **Art. 6: Withdrawal & / Replacement of Gymnasts**

- Changes to the Nominative lists are permitted, but must be made **no later than** 12 hours prior to the start of the competition
- In cases of illness or injury, it is permitted to replace the concerned gymnast with another nominated gymnast, **but no later than** 30 minutes prior to the start of the competition.

#### **Art. 7 - Judges & Juries**

##### **The Judging Panels**

- All Judges should hold a FIG Brevet license for the corresponding cycle.
- When the Northern European Championships is held in a Nordic Country the closely located Nordic countries will provide 1 extra judge per discipline. When the Championships is held on the British / Irish isles, SCO, IRL, WAL & NI will provide one extra judge per discipline.
- Federations entering a team of 4 **or more** Gymnasts must provide 2 Judges (+ 1 depending on the location of the championships), preferably both qualified to Brevet level, however, if this is not possible **one** of the 2 Judges may be a National Judge, but their position may be limited to time or line.
- When a federation enters individual gymnasts i.e., less than 4 gymnasts, they must send at least 1 judge (+1 depending on the location of the championships), who must be qualified to Brevet level.
- A Federation is permitted to bring a neutral Brevet Judge if they cannot supply a Brevet Judge from their own country.
- National Judges can take the position of E jury, time and / line judges on the day of the competition depending on the overall requirement.
- Participating Federations who do not provide the required number of Judges must pay the sum of Euro €800 for each missing Judge. The host Federation will then use these funds to source suitably qualified judges.
- If there is a shortage of judges, the host federation may use their National Judges & / source additional judges from another federation to ensure the desired 4 judges per panel is respected.
- Each Judging Panel will comprise of 4 Judges – 2 x D Panel Judges (who may also act as E1 & E2 subject to FIG approval when sanctioning the event) and 2 x E Judges (who will act as E3 & E4).
- The appointment of the D Judges will be done in advance of the competition by the host nation via the drawing of lots, with the highest qualified Brevets considered for these positions. The host nation should make every effort to ensure that where possible no more than one (1) D Position per NF.
- The appointment of the E-Judges will be done at the Judges meeting at the competition via the drawing of lots. Any brevets who were not appointed to the D-Panel will be given first priority in this draw. Once the Brevet Judges have been placed, the National Judges (if any) will be drawn to fill the remaining positions.

##### **The Superior Jury**

- The Superior Jury will take all decisions regarding Inquiries.
- The Superior Jury will comprise of 1) the Head of Judging (MAG & WAG) of the host Federation (min. Brevet qualified) & 2 x other D1 Judges from the competition who were not involved in the decision on the apparatus which is the subject of the inquiry.

### **The Jury of Appeal**

- The Jury of Appeal will deal with all technical matters arising over the duration of the championships.
- The Jury is comprised of the following representatives:-
  - An official representative from the host federation
  - A representative from the participating Federations will be appointed at the Orientation meeting at the event.
  - One D1 Judge MAG & One D1 Judge WAG (min Brevet qualification) proposed & appointed at the Orientation Meeting.

### **Art. 8 - Inquiries of the Score**

- The D-Score will be displayed electronically after the routine is performed.
- Inquires of the D-Score will be accepted in line with the FIG Technical Regulations.
- Upon submitting an inquiry, a federation confirms that they will pay the following sums if the inquiry is unsuccessful: -
  - €100 for the 1<sup>st</sup> inquiry, €200 for the 2<sup>nd</sup> & €300 for the 3<sup>rd</sup> and subsequent inquiries.
- If the inquiry is rejected, the amount due will be invoiced by the host Federation (in Euro) at a later date and must be paid within one month.
- The decision of the Superior Jury regarding Inquiries is FINAL and cannot be appealed (as per FIG)

### **Art. 9 - Award Ceremonies**

- The Award Ceremonies for the Team & All-Around Competition will take place immediately after the conclusion of the Qualification Competition on Saturday.
- The format of the Award Ceremonies will be decided by the host federation.
- The following placings for MAG & WAG will be awarded in 1) the Team Competition, 2) the All-Around Competition & 3) the Apparatus Finals
- 3<sup>rd</sup> Place - Bronze Medal
- 2<sup>nd</sup> Place – Silver Medal
- 1<sup>st</sup> Place – Gold Medal
- The Team & All-Around Champions will also receive a commemorative prize, which will be decided by the host federation.

### **Art. 10 - Changes to Northern European Rules & Technical Regulations**

- In the last year of an Olympic cycle all proposed changes to the Rules & Technical Regulations must be sent to all federations 18 months in advance of the competition (by 31<sup>st</sup> May of the relevant year where possible).
- In the last year of the Olympic Cycle, the upcoming host federation must arrange a Northern Europeans Technical Meeting call via Zoom / Microsoft Teams in September of that year at which, any proposed changes will be approved / declined.
- Each participating federation must provide a maximum of 1 representative to participate in the Northern Europeans Technical Meeting.
- This group has the mandate to take the final decision on any proposed changes, and a simple majority will be used to conclude all decisions.
- There must be a minimum of 6 federations participating in the meeting for it to proceed.
- Following on from this meeting, the approved Rules & Technical Regulations will be shared by the host Federation immediately after the Technical Meeting.

### **Art. 11 - Extraordinary / Unforeseen Situations**

- If extraordinary or unforeseen situations occur, this will be the matter of the official representatives from all the participating federations.

**Art. 12 - Deadlines**

|                                         |                                                                                                                                                                                                                                                                                                    |
|-----------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Directives to issue                     | 6 months prior to the official arrival date at the competition                                                                                                                                                                                                                                     |
| Provisional Registration                | 4 months prior to the official arrival date at the competition.                                                                                                                                                                                                                                    |
| Definitive Registration                 | 2 months prior to the Official arrival date at the competition                                                                                                                                                                                                                                     |
| Work Plan to issue                      | 1 month prior to the official arrival date at the competition                                                                                                                                                                                                                                      |
| Nominative List of Gymnasts & Officials | <p>1 month prior to the Official arrival date at the competition</p> <p>The Nominative List must include the following: -</p> <ul style="list-style-type: none"><li>• Surname &amp; Forename of all delegation members.</li><li>• Date of Birth (date, month &amp; year) of all Gymnasts</li></ul> |

## Appendix 1 – NE Federations Contact List

| Federation       | Email contact                                                                                                                                                                                                                                                                     | Phone                              |
|------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------|
| Denmark          | <a href="mailto:info@gymdanmark.dk">info@gymdanmark.dk</a><br>WAG + MAG <a href="mailto:mib@gymdanmark.dk">mib@gymdanmark.dk</a><br>Admin <a href="mailto:esl@gymdanmark.dk">esl@gymdanmark.dk</a>                                                                                | +45 30 45 53 27<br>+45 51 71 29 12 |
| England          | <a href="mailto:martin.laws@englishgymnastics.org.uk">martin.laws@englishgymnastics.org.uk</a><br><a href="mailto:nipun.bakshi@british-gymnastics.org">nipun.bakshi@british-gymnastics.org</a>                                                                                    |                                    |
| Faroe Islands    | <a href="mailto:pol@fimleikur.fo">pol@fimleikur.fo</a><br><a href="mailto:fimleikur@fimleikur.fo">fimleikur@fimleikur.fo</a>                                                                                                                                                      | +298 919919                        |
| Finland          | <a href="mailto:office@voimistelu.fi">office@voimistelu.fi</a><br>WAG <a href="mailto:satu.murtonen@voimistelu.fi">satu.murtonen@voimistelu.fi</a><br>MAG <a href="mailto:Kasper.holopainen@voimistelu.fi">Kasper.holopainen@voimistelu.fi</a>                                    | +358 40 5448805<br>+358 50 3272143 |
| Iceland          | <a href="mailto:fsi@fimleikasamband.is">fsi@fimleikasamband.is</a>                                                                                                                                                                                                                | +354 514 4060                      |
| Ireland          | <a href="mailto:ask@gymnasticsireland.com">ask@gymnasticsireland.com</a><br><a href="mailto:sally@gymnasticsireland.com">sally@gymnasticsireland.com</a><br><a href="mailto:melanie@gymnasticsireland.com">melanie@gymnasticsireland.com</a>                                      | +353 873288 361                    |
| Isle of Man      | <a href="mailto:tp@awcrewing.com">tp@awcrewing.com</a><br><a href="mailto:iomgymnastics@outlook.com">iomgymnastics@outlook.com</a>                                                                                                                                                |                                    |
| Northern Ireland | <a href="mailto:northernireland@british-gymnastics.org">northernireland@british-gymnastics.org</a><br><a href="mailto:rainbowdirectors@outlook.com">rainbowdirectors@outlook.com</a>                                                                                              |                                    |
| Norway           | <a href="mailto:Gymn.-ogTurnforbundet@idrettsmail.no">Gymn.-ogTurnforbundet@idrettsmail.no</a><br><br>MAG: <a href="mailto:OKHS@gymogturn.no">OKHS@gymogturn.no</a> (main contact)<br>WAG: <a href="mailto:henrik.nylundalvaer@gymogturn.no">henrik.nylundalvaer@gymogturn.no</a> | +4795058849                        |
| Scotland         | <a href="mailto:performance@scottishgymnastics.org">performance@scottishgymnastics.org</a>                                                                                                                                                                                        | +44131 271 9750                    |
| Sweden           | Official: <a href="mailto:info@gymnastik.se">info@gymnastik.se</a><br>MAG: <a href="mailto:mag@gymnastik.se">mag@gymnastik.se</a><br>WAG: <a href="mailto:kvag@gymnastik.se">kvag@gymnastik.se</a>                                                                                | +46 (0)8-699 6000                  |
| Wales            | <a href="mailto:performance@welshgymnastics.org">performance@welshgymnastics.org</a><br><a href="mailto:daniel.rabbitt@welshgymnastics.org">daniel.rabbitt@welshgymnastics.org</a>                                                                                                |                                    |

\*Please use 'info' email addresses where possible, as personnel email addresses can be subject to change

**Appendix. 2 – Northern Europeans Rotational Schedule plus Technical Meeting Call**

| <b><u>HOST</u></b>                      | <b><u>YEAR</u></b> |
|-----------------------------------------|--------------------|
| England                                 | 2025               |
| Denmark                                 | 2026               |
| Scotland                                | 2027               |
| Norway - To host Technical Meeting call | 2028               |
| Norway                                  | 2028               |
| Isle of Man / Northern Ireland          | 2029               |
| Faroe Islands                           | 2030               |
| Iceland                                 | 2031               |
| Wales - To host Technical Meeting call  | 2032               |
| Wales                                   | 2032               |
|                                         | 2033               |
|                                         | 2034               |
|                                         | 2035               |

\*Schedule to be confirmed by host nation 3 years prior to hosting