

# Opvarmningstider Regionsrækken Vest 1. runde

**Lørdag den 22. februar 2025**

**U11piger pulje 5 + U11mix pulje 1 + U11drengene pulje 1**

*Afvikles i samme division i rotation 5+4*

Hold	Rytme	Bane	Tramp
Vejlby IK (VIK) RU11P 3	<b>08:00</b>	08:24	08:08
Vejlby IK (VIK) RU11P 2	08:16	<b>08:00</b>	08:24
Vejen GF RU11P 3	08:32	08:16	<b>08:00</b>
TeamGym Djurs RU11P 2	<b>08:08</b>	08:32	08:16
Svendborg Gymnastikforening RU11P 3	08:24	<b>08:08</b>	08:32
Vejlby IK (VIK) RU11P 1	<b>08:40</b>	08:48	08:56
Aabybro Gymnastikforening RU11M 1	09:04	<b>08:40</b>	08:48
Munkebjerg Gymnastikforening RU11D 2	08:56	09:04	<b>08:40</b>
Munkebjerg Gymnastikforening RU11D 1	<b>08:48</b>	08:56	09:04

**U11piger pulje 4**

*Afvikles i samme division i rotation 4+4*

Hold	Rytme	Bane	Tramp
NGIF gymnastik & atletik forening RU11P 1	<b>09:25</b>	09:33	09:41
Silkeborg P/D RU11P 1	09:49	<b>09:25</b>	09:33
Ribe Gymnastik Forening RU11P 1	09:41	09:49	<b>09:25</b>
Jerne Idrætsforening RU11P 3	<b>09:33</b>	09:41	09:49
Bolbro Gymnasterne RU11P 3	<b>09:57</b>	10:05	10:13
Odense Gymnastik Forening RU11P 2	10:21	<b>09:57</b>	10:05
TeamGym Bellinge RU11P 3	10:13	10:21	<b>09:57</b>
Aabybro Gymnastikforening RU11P 2	<b>10:05</b>	10:13	10:21

### U11piger pulje 3

*Afvikles i samme division i rotation 4+4*

Hold	Rytme	Bane	Tramp
Jelling Forenede Sportsklubber RU11P 2	<b>10:40</b>	10:48	10:56
Vejle Gymnastik-Forening RU11P 1	11:04	<b>10:40</b>	10:48
TeamGym Bellinge RU11P 2	10:56	11:04	<b>10:40</b>
Jelling Forenede Sportsklubber RU11P 1	<b>10:48</b>	10:56	11:04
TeamGym Djurs RU11P 1	<b>11:12</b>	11:20	11:28
Vejen GF RU11P 2	11:36	<b>11:12</b>	11:20
Aabybro Gymnastikforening RU11P 1	11:28	11:36	<b>11:12</b>
Jerne Idrætsforening RU11P 2	<b>11:20</b>	11:28	11:36

### U11piger pulje 2

*Afvikles i samme division i rotation 4+4*

Hold	Rytme	Bane	Tramp
Randers gymnastiske Forening RU11P 2	<b>12:15</b>	12:23	12:31
Svendborg Gymnastikforening RU11P 2	12:39	<b>12:15</b>	12:23
Viborg Gymnastik-Forening RU11P 3	12:31	12:39	<b>12:15</b>
Springteam Sæby RU11P 3	<b>12:23</b>	12:31	12:39
Randers gymnastiske Forening RU11P 1	<b>12:47</b>	12:55	13:03
Viborg Gymnastik-Forening RU11P 2	13:11	<b>12:47</b>	12:55
Springteam Sæby RU11P 2	13:03	13:11	<b>12:47</b>
TeamGym Bellinge RU11P 1	<b>12:55</b>	13:03	13:11

### U11piger pulje 1

*Afvikles i samme division i rotation 4+4*

Hold	Rytme	Bane	Tramp
Svendborg Gymnastikforening RU11P 1	<b>13:25</b>	13:33	13:41
Vejen GF RU11P 1	13:49	<b>13:25</b>	13:33
Bolbro Gymnasterne RU11P 2	13:41	13:49	<b>13:25</b>
Odense Gymnastik Forening RU11P 1	<b>13:33</b>	13:41	13:49
Jerne Idrætsforening RU11P 1	<b>13:57</b>	14:05	14:13
Viborg Gymnastik-Forening RU11P 1	14:21	<b>13:57</b>	14:05
Bolbro Gymnasterne RU11P 1	14:13	14:21	<b>13:57</b>
Springteam Sæby RU11P 1	<b>14:05</b>	14:13	14:21

### U14drengene pulje 1

*Afvikles i samme division i rotation 4*

Hold	Rytme	Bane	Tramp
Silkeborg P/D RU14D 1	<b>14:40</b>	14:48	14:56
Svendborg Gymnastikforening RU14D 2	15:04	<b>14:40</b>	14:48
Svendborg Gymnastikforening RU14D 1	14:56	15:04	<b>14:40</b>
TeamGym Aarhus RU14D 1	<b>14:48</b>	14:56	15:04

### U14piger pulje 3

*Afvikles i samme division i rotation 4+4*

Hold	Rytme	Bane	Tramp
Aabybro Gymnastikforening RU14P 3	<b>15:20</b>	15:28	15:36
Aabybro Gymnastikforening RU14P 2	15:44	<b>15:20</b>	15:28
Aabybro Gymnastikforening RU14P 1	15:36	15:44	<b>15:20</b>
Øster Hornum Idrætsforening RU14P 2	<b>15:28</b>	15:36	15:44
TeamGym Bellinge RU14P 2	<b>15:52</b>	16:00	16:08
TeamGym Bellinge RU14P 1	16:16	<b>15:52</b>	16:00
Ribe Gymnastik Forening RU14P 2	16:08	16:16	<b>15:52</b>
NGIF gymnastik & atletik forening RU14P 1	<b>16:00</b>	16:08	16:16

### U14piger pulje 2

*Afvikles i samme division i rotation 4+4*

Hold	Rytme	Bane	Tramp
Jerne Idrætsforening RU14P 2	<b>16:55</b>	17:03	17:11
Jerne Idrætsforening RU14P 1	17:19	<b>16:55</b>	17:03
Højvangens Idrætsforening - HI Skanderborg RU14P 3	17:11	17:19	<b>16:55</b>
Øster Hornum Idrætsforening RU14P 1	<b>17:03</b>	17:11	17:19
Svendborg Gymnastikforening RU14P 2	<b>17:27</b>	17:35	17:43
Ribe Gymnastik Forening RU14P 1	17:51	<b>17:27</b>	17:35
Silkeborg P/D RU14P 2	17:43	17:51	<b>17:27</b>
Højvangens Idrætsforening - HI Skanderborg RU14P 2	<b>17:35</b>	17:43	17:51

**U14piger pulje 1***Afvikles i samme division i rotation 4+4*

<b>Hold</b>	<b>Rytme</b>	<b>Bane</b>	<b>Tramp</b>
Silkeborg P/D RU14P 1	<b>18:10</b>	18:18	18:26
Vejlby IK (VIK) RU14P 1	18:34	<b>18:10</b>	18:18
Randers gymnastiske Forening RU14P 1	18:26	18:34	<b>18:10</b>
Jelling Forenede Sportsklubber RU14P 1	<b>18:18</b>	18:26	18:34
Højvangens Idrætsforening - HI Skanderborg RU14P 1	<b>18:42</b>	18:50	18:58
Bolbro Gymnasterne RU14P 1	19:06	<b>18:42</b>	18:50
Svendborg Gymnastikforening RU14P 1	18:58	19:06	<b>18:42</b>
TeamGym Djurs RU14P 1	<b>18:50</b>	18:58	19:06