

NORDIC CHAMPIONSHIPS TRAMPOLINE GYMNASTICS

SENIORS
JUNIORS

TECHNICAL REGULATIONS

February 2022

Nordic Championships – Trampoline Gymnastics – Technical Regulations

Version history:

Version (date)	Change
February 2022	Several changes (see Comments to Nord TRA Tech Reg proposal.doc dated 20 January 2022)

Abbreviations:

Abbreviation	Meaning
NF	National Federation
NCh	Nordic Championships
LOC	Local Organising Committee
FIG	International Gymnastics Federation
DEN	Denmark
	<ul style="list-style-type: none">• Danmarks Gymnastik Forbund, GymDanmark
FIN	Finland
	<ul style="list-style-type: none">• Finnish Gymnastics Federation
ISL	Island
	<ul style="list-style-type: none">• Fimleikasamband Islands, FSI
NOR	Norway
	<ul style="list-style-type: none">• Norges Gymnastikk- og Turnforbund
SWE	Sweden
	<ul style="list-style-type: none">• Svenska Gymnastikförbundet, SvGF
FARO	Faroe Islands
	<ul style="list-style-type: none">• Føroya Fimleikasamband, FFS

Naming definitions:

The name of the Senior Nordic Championships is "Nordic Trampoline Gymnastics Championships"
The name of the Junior Nordic Championships is "Junior Nordic Trampoline Gymnastic Championships"

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I. General regulations

Art. 1 Purpose of this document

This document lay the ground rules for the Nordic Championships for Trampoline Gymnastics.

Art. 2 Changes to these regulations

Changes to the regulations can be made by agreement between the Nordic federations from Sweden, Denmark, Finland.

Art. 3 Right to participate

The Nordic Championships is open for gymnasts representing a Nordic federation that have the FIG rights of their country, or a club that is member of such federation. Exception is Faroe Island, which is not a FIG member.

The number of participants is un-limited.

Art. 4 Dates and place of competition

4.1 The Nordic Championships will be organised by the national federations as described in Art. 4.2.

4.2 The Nordic Championships are organised every even year, normally during the third week-end of October, as follows:

2022	Finland
2024	Denmark
2026	Sweden
2028	Finland
2030	Denmark
2032	Sweden

4.3 The Nordic Championships shall be staged as a separate competition, i.e. not in conjunction with any other competition.

Art. 5 Invitations and time schedule

5.1 At every Technical meeting the place and date for the upcoming Nordic Championships should be announced by the next host federation.

Any changes regarding dates and place must be announced to the other Nordic countries no later than six (6) months before the NCh.

5.2 The invitation for the NCh must be submitted to all federation no later than six (6) months before the NCh.

5.3 The time schedule must be announced two (2) months before the NCh.

5.4 The NCh is normally organised during two days as follows:

Day 1: Training and Orientation meeting

Day 2: Qualifications and finals, Technical meeting

The organiser must offer training on the competition apparatus the day before the competition in the competition hall.

Art. 6 Entry procedure

For registration of entry, official forms, which are distributed to all affiliated NF by LOC at required time, are to be used. The deadlines for registration are determined by the dates of the competition, as follow:

Definitive registration

The number of gymnasts and judges to take part: 3 months before the date of the NCh

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Nominative registration of delegation members

The number of gymnasts, coaches, judges and other officials to take part: 1 month before the date of the NCh.

- surname and first name and function of all participants
- date of birth (date, month, year) of the gymnasts
- category of the judge(s)

Sanctions

Sanctions will be applied if the different deadlines are not respected. Fee for late nominative entry will be €100 for every week per NF or club. The fee will be paid to the LOC.

II. Technical organisation

Art. 1 Competitors

The Championships consist of the following competitions:

- 1.1. Trampoline Senior Women
- 1.2. Trampoline Senior Men
- 1.3. Double Mini-Trampoline Senior Women
- 1.4. Double Mini-Trampoline Senior Men
- 1.5. Trampoline Junior Girls
- 1.6. Trampoline Junior Boys
- 1.7. Double Mini-Trampoline Junior Women
- 1.8. Double Mini-Trampoline Junior Men

A gymnast can only take part in one category per discipline (i.e. Trampoline and Double Mini-Trampoline).

The organisation of any other events/classes in conjunction with the NCh is not ruled out. The decision is up to the host NF. However, such events/classes must not interfere with the smooth running of the official NCh competitions. Such events/classes will not have Nordic Championships status.

Art. 2 Age and nationality requirements

Age of the competitors:

- 2.1 Seniors not less than 17 years of age
- 2.2 Juniors not less than 13 years of age and not more than 17 years

Gymnasts have the right to participate if they reach the determined age during the year of the competition.

Nationality

Gymnast participating should either be citizens of the nation he/she is representing or show proof of having been a resident in the country for the last 12 months, with the intention of becoming a permanent citizen and may not have represented any other country for the last 12 months.

The LOC has the right to control the gymnast's nationality and/or residency.

Art. 3 Competition rules and regulations

3.1 Seniors – Trampoline

The valid FIG Code of Points (in the year of the competition) will be used for the Nordic Championships, except for any exceptions mentioned in these Regulations.

Qualifying rounds and Final rounds to be conducted according to Art. 1-1.2 and 4.3.1-4.3.2 of FIG Technical Regulations, Section 4.

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3.2 Seniors – Double Mini-Trampoline

The valid FIG Code of Points (in the year of the competition) will be used for the Nordic Championships, except for any exceptions mentioned in these Regulations.

Qualifying rounds and Final rounds are to be conducted according to Art. 1-1.2 and 4.3.1 and 4.3.4 of FIG Technical Regulations, Section 4.

3.3 Juniors – Trampoline and Double Mini-Trampoline

The valid FIG Code of Points (in the year of the competition) will be used for the Nordic Championships, except for any exceptions mentioned in these Regulations.

The Qualifying round and Final is to be conducted according to Reg. 2.1 och 2.2 of the FIG Rules for Junior and World Age Group Competition.

Requirements

- Senior trampoline According to FIG Code of Points
- Juniors trampoline According to FIG Code of Points / FIG Junior and WAGC Rules
- Senior and junior Double Mini-Trampoline According to FIG Code of Points

Exceptions from Code of Points

The gymnasts with the eight (8) best scores from the Qualifying Rounds will go forward to the Final. I.e. regardless of which competition group they compete in (see 1.2.3 of the CoP).

There is no limit regarding number of participants per NF in the Qualification rounds or finals (see 1.2.4 and 1.2.6 in the CoP).

Tie breaking rules

If two or more gymnasts have the same total score in Qualifying rounds, Art. 4.4 of FIG Technical Regulations, Section 4 will be applied.

Starting order

The starting order in Qualification rounds and final round is decided by drawing of lots according to Art. 1.1 of the Code of Points. The draw shall take place and be published no later than two (2) weeks before the NCh.

Reserves

For all types of finals, two (2) reserve gymnasts are designated, taking into account the list of results of Qualifications. If called upon, a reserve works in accordance with the order of the gymnast replaced.

Art. 4 Judges, Judges' Panels and Juries

A Nordic country participating in any of the official Nordic Championships competitions are obliged to send at least one judge holding a valid FIG brevet.

- If gymnasts from SWE or DEN participate in any of the official Nordic Championships events at least three (3) FIG judges from SWE and DEN respectively must be registered
- If gymnasts from FIN participate in any of the official Nordic Championships events at least two (2) FIG judges from FIN must be registered

Total number of judges

Regardless of the above, all federations and clubs with participants are obliged to send judges as follows:

Trampoline, men and women (all classes)

- 1 participant or more 1 judge (national brevet or FIG brevet)
- 10 participants or more 2 judges (national brevet or FIG brevet)
- 30 participants or more 3 judges (national brevet or FIG brevet)

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Double Mini-Trampoline, men and women (all classes)

- 1 participant or more 1 judge* (national brevet or FIG brevet)
- 10 participants or more 2 judges* (national brevet or FIG brevet)
- 30 participants or more 3 judges* (national brevet or FIG brevet)

* can be the same judge as the judge for Trampoline and vice versa

No participating country (federation and clubs combined) is obliged to send more than six (6) judges.

The judges' panels will be decided by the organising NF and must be announced no later than one (1) week before the competition.

Minimum number of judges

In case of shortage of registered judges, a judges' panel may comprise the following minimum number of judges: One (1) Chair of Judges' Panel, one (1) difficulty judge and four (4) execution judges

Inquiries

Inquires will be accepted as per Reg. 8.4 of FIG Technical Regulations, Section 1.

Jury of Appeal

The members of The Jury of Appeal must be settled during the Orientation meeting as follow:

- one (1) member from the LOC (e.g. the competition director), the chair
- one (1) difficulty judge from the concerned judges' panel
- one (1) representative from each participating NF (cannot be active judge)

Art. 5 Apparatus

The FIG Norms for Trampoline, Tumbling and Double Mini-Trampoline apply at the Nordic Championships. The apparatus does not need to have valid FIG certificates, but the apparatus must adhere to the FIG norms.

Art. 6 Adjustments

All affiliated federations must be informed of any adjustments of these articles (1-6) of Chapter II no later than 6 months before the date of the Nordic Championships.

III. Ceremonies and ranking lists

Art. 1 Championship titles

The winner of the different competitions is awarded with the title

Seniors	"Women's/Men's Nordic Champion in Trampoline"
	"Women's/Men's Nordic Champion in Double Mini-Trampoline"
Juniors	"Girls/Boys Junior Nordic Champion in Trampoline"
	"Girls/Boys Junior Nordic Champion in Double Mini-Trampoline"

Art. 2 Medals and Ceremonies

All delegations must bring their own national flag and national anthem (short version, approx. 45 seconds).

Award Ceremony

At the Award Ceremony, the gymnasts have to wear their national tracksuits/club tracksuits. Awards in all competitions are presented as follows:

- 1st place: Gold medal
- 2nd place: Silver medal
- 3rd place: Bronze medal

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Medals

The medals are to be similar to those which have been used in the previous Championships, but they can be ordered locally. The band of the medals shall be in the colours of the host country.

Art. 3 Diplomas

All participating gymnasts and judges receive a souvenir diploma, stating surname, first name and NF.

Art. 4 Results

All delegations shall receive a copy of results after each competition's Qualification rounds.

At the end of the NCh the head of delegation of each NF shall receive two copies of the complete result book, with all judges' scores.

IV. Organisation

Responsibilities of the Organiser

The NF appointed as organiser of the NCh is fully responsible for the organisation of the event, and for establishing a LOC.

General obligations of the LOC

The LOC is responsible for a flawless running of the event, which includes the running of the competition, the training sessions, the judges' instructions, the Orientation meeting and the Technical meeting.

All Head of Delegations, coaches and judges are invited to the Orientation meeting, held in the evening of Day 1.

Technical meeting

The host federation is responsible for the Technical Meeting according to §5 of the *Agreement for cooperation within Nordic Gymnastics*.

V. Financial matters and obligations

Art. 1 Financial obligations of the hosting NF

The host federation is financially responsible for all applicable competition costs, i.e. venues, apparatus, medals, diplomas, technology, administration.

Art 2. Financial obligations of the participating NF

The participating NF shall pay for travelling and accommodation expenses (including meals) of their delegations (gymnasts, coaches, judges, other officials, etc). The organising NF must inform the participating federations on the terms of payment.

The organiser must give at least two alternative standards and prices for overnight accommodation. For example backpack standard and tourist hotel standard.

The details of all accommodation and meal arrangements, including prices, must be sent to the national federations no later than 3 months before the NCh.

Art. 3 Entry fees and late entries

3.1 The host NF/LOC has the right to charge entry fees according to the following:

- Participation in one competition: max €30/gymnast
- Participation in two competitions: max €50/gymnast

In the case of none participation, the entry fee will not be reimbursed

3.2 The fees for late entries are specified in article 6 in Chapter I.

3.3 Failure to register or provide a judge: €200/required judge.