



Directives Junior Nordic TeamGym Championships

2024

Lugi Gymnastik and Swedish Gymnastics (Host Federation) welcome you to Lund April 18th-21st.

Information

Contact information

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Deadlines

19 th of	February	Definitiv registration closes
8 th of	March	Information about nominative registration
10 th of	March	Deadline for payment
22 nd of	March	Workplan
31 st of	March	Nominativ registration closes

Status provisional registration

Section Federation	Mixed	Women	Men	Total teams
Denmark	2	2	2	6
Finland		2		2
Iceland	2	2	2	6
Norway	2	2	2	6
Sweden	2	2	2	6
Total teams	8	10	8	26

Venue

Sparbanken Skåne Arena, Stattenavägen 25, 222 28 Lund.

The training and competition arena is situated in the southern part of Lund, in the district Klostergården, a 20-minute walk from the central Railway station. The hotels will be located in the centre of Lund and within a 4 km radius around the arena. Transportation from the hotels to the competition arena will be arranged.



Dates and preliminary schedule

Thursday 18th of April: 18:00-22:00	Arrival Meeting of the Nordic Technical Committee TeamGym (NTC-TG)
Friday 19th of April: 09:00-12:30 14:00-19:00 20:00 20:30	Arrival and accreditation Meeting of NTC-TG (continued) Training for the teams Information meeting for head of delegation, coaches and judges Judges meeting (if necessary)
Saturday 20th of April:	Opening ceremony Judges' meetings Competitions Award ceremonies Banquet, at Polhemskolan
Sunday 21st of April:	Departure

Equipment

We will provide competition equipment according to the Nordic TeamGym Championships Technical Regulations. The competition equipment will be delivered from Unisport. See information in Appendix 1.

Competition format

- The competition rules will be according to the Nordic TeamGym Championships Technical Regulations 2024.
- Nordic setup, warm up and competition in the same hall.

Size of delegations

According to the Technical regulations 2023 art. 4.4

- Maximum 2 teams per section (men, women, and mixed).
- Maximum 3 coaches per team.
- Maximum 14 gymnasts including reserves per team.
- Maximum 1 Team Leader per team.
- Maximum 4 judges.
- Maximum 2 physiotherapists/doctors or similar function.
- 1 Head of the delegation.
- 1 Deputy Head of the delegation.
- 1 Media/press (representing the federation).
- Maximum 2 national coaches.
- 1 NTC-TG member.

Age of participations

The age of the gymnasts must be 14-17 years. The gymnasts have the right to participate if they reach the determined min/max age during the year of the competition.

Responsibility for the National federations

The national federations (NF) are responsible for:

- The correct age of their gymnasts.
- The club membership of their gymnasts.
- Valid insurance of their gymnasts.
- That their teams follow the EG rules for advertising.

Please bring the following for accreditation:

- Passport or another kind of identification card with a photo
- Valid insurance certificate
- Proof of payment

Airport information and transportation

Delegates are responsible for arranging their own transport to Lund. The nearest international airport is Malmö Airport, located 30 km from Lund. It is also possible to fly to Copenhagen airport, Kastrup in Denmark and then via the Öresund Bridge with train or bus to Sweden and Lund. No bus transportation will be arranged from the airports.

Accommodation

Hotel prices are per person for three (3) nights and included full board (from Thursday until Sunday).

The accommodation package will include:

- Hotel 3 nights (Thursday, Friday and Saturday). Breakfast is included (served at the hotel).
- Lunch Friday and Saturday
- Dinner Friday
- Transports from hotel to competition venue

Banquet is not included in this package and will be sold separately.

Each team requests a hotel category. LOC will allocate hotels within the category requested. A limited number of rooms are available at each hotel. Reservations and category preference will be served on a "first come, first served" basis.

Once member federations have submitted their category preference, the LOC will either:

- assign a hotel according to the request (i.e., if still available), or
- directly contact the federation to discuss alternative options in case the booking request cannot be fulfilled due to the category being already fully allocated.

Cat 1

Best Western Plus Park City Lund
Hedvig Möllers gata 2, 223 55 Lund
<https://www.bestwestern.se/hotel/88270>

The hotel is located about 2 km from the competition venue
or 25 min walk.

First Hotel Planetstaden
Dalbyvägen 38, 224 60 Lund
<https://www.firshotels.se/hotell/sverige/lund/first-hotel-planetstaden/>

The hotel is located about 2,8 km from the competition venue
or 35 min walk

Prices are per guest for three nights and full board (see what is included in the
accommodation package).

Type of room (cat 1)	Price incl VAT
Single room	SEK 6500
Double room	SEK 5000
Triple room (Planetstaden only)	SEK 4300

Cat 2

Scandic Star Lund
Glimmervägen 5, 224 78 Lund
<https://scandichotels.se/hotell/sverige/lund>

The hotel is located about 3,8 km from the competition venue

Elite Hotel Ideon
Scheelevägen 27, 223 63 Lund
<https://www.elite.se/hotell/lund/elite-hotel-ideon-lund/>

The hotel is located about 3 km from the competition venue

Motel L Lund
Telefongatan 14, 224 81 Lund
<https://ligula.se/motel-l/motel-l-lund/>

This hotel is located about 3,5 km from the competition venue.

Prices are per guest for three nights and full board (see what is included in the
accommodation package).

Type of room (cat 2)	Price incl VAT
Single room	SEK 5400
Double room	SEK 4000
Triple room	SEK 3000
Four bed room	SEK 2600

Meals and Banquet

We offer meals and banquet as follows:

Dinner Thursday: *Not* included in the accommodation package (LOC can arrange dinner at the hotel if requested)

Lunch Friday: Included in the accommodation package

Dinner Friday: Included in the accommodation package

Lunch Saturday: Included in the accommodation package

Banquet Saturday: SEK 500 incl transports

If someone within the delegation has special needs regarding food – e.g. vegetarian, vegan, allergies, etc. please make a special note on the registration form in the nominative registration. Information about nominative registration will be sent to you no later than March 8th

Definitive registration

Definitive registration is submitted through the attached form Appendix 2 - Definitive registration Junior Nordic TeamGym Championships 2024.

Completed definitive registration is sent via email to nordicteamgym@gmail.com and to trupp@gymnastik.se no later than February 19th, 2024.

Definitive registration and invoice

Please make your booking by filling out the definitive registration link. The invoice will be sent a few days after the registration deadline. The invoice must be paid within 10 days or all bookings will be cancelled.

Tickets for audience

Tickets can be purchased at: <https://easytic.se/>

General Data Protection Regulation (GDPR)

By registering for the competition, the association approves that the contact details for the association and the person responsible for the registration are processed and stored by the Swedish Gymnastics Federation.

Purpose of processing personal data in connection with competition registration:

Competition administration, federation and association administration, fee management, license administration. The storage time for your personal data varies depending on what the information is needed for. The starting point is that information should not be stored longer than necessary for the current purpose

No bags are allowed

Due to new regulations introduced by the police in Sweden, members of the audience will not be allowed to bring their bags into the arena. All kinds of bags are covered by the ban except bags for medical reasons or diaper bags for children. However, coaches and gymnasts are permitted to bring their bags. We kindly request your assistance in spreading this information to any potential audience members from your countries.

The bags you bring in should be stored in the changing rooms.

Nordic Technical Committee TeamGym (NTC-TG)

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National federations

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Appendix 1

Information about equipment for the Junior Nordic TeamGym Championships.

FLOOR

Floor: LEG

Size: 16x14 m, H: 35 mm

Color: Light blue

LEG free-standing floor for TeamGym consists of 8 mats in the size 14x2 m, H: 35 mm with non-slip protection underneath.

All carpet mats are connected with 10 cm wide velcro strips.

The competition area is 16x14 m and is marked out with 5 cm wide white velcro that is included in the competition area.

TUMBLE

Tumble: LEG

1 set Approach: LEG

Size: 16x1 m, H: 350 mm

Color: Light blue

The approach consists of 8 podium sections 2x1 m with a light blue needle felt mat on top of 16x1 m.

1 set Tumble floor: LEG model "Reykjavik"

Size: 15x2 m, H: 350 mm

Color: Dark blue side part and black mesh cover on top.

LEG tumble floor consists of 15 steel sections 2x1 m with 18 fiberglass rods per section.

A carpet pad, 15x2 m, H: 35 mm with the needle felt facing downwards towards the fiberglass rods.

An E.V.A-foam mat, 15x2 m, H: 60 mm on top of the needle felt mat.

At the top is our elastic net which is attached with velcro to the approach block and with a flap to the landing mat.

4 pcs Side protection LEG

Size: 2x0.5 m, H: 350 mm

Color: Dark blue

The side protection consists of hard foam content and has a size of 2x0.5 m, H: 350 mm. Which gives the coach a more stable platform should he/she be forced to act.

1 set Landing area for tumble floor: LEG

Size: 7x4 m, H: 350 mm

Colour: Dark blue with gray landing zone 3x1.5m

The landing area consists of 3 impact mats 4000x2000x300 mm that are laid crosswise one after the other. On top there is a 4-part damping mat in the size 6000x4000x50 mm with a marked landing zone in gray color 3x1.5m.

The connection between the tumbling floor and the damping mat consists of a 300 mm wide white Velcro flap.

Behind the landing area is an extra safety mat 4000x1000x350 mm.

1 extra top mat: LEG

Size: 4x2 m, H: 100 mm

Colour: Grey/Dark blue with elastic fabric on top and gray landing zone 3x1.5 m.

TRAMPET

2 pcs approach run-up (one approach run-up to the trampet and one to the vault)

LEG:

Size: 25x1 m, H. 25 mm

Color: Light blue

The approach mat consists of a needle felt mat with non-slip protection underneath.

2 x 25 m stops

Size: 1 m

Color: Dark blue

2 pcs 25 m stops:

Size: 1 m

Color: Dark blue

1 vaulting table Tarpan:

Size: According to UEG's rules H: 110-165 cm

Color: Dark blue and gray.

Trampet:

1 pc Dorado-32

Size: According to UEG regulations H: 65-80 cm (high part)

Colour: White canvas with a marking in the middle and with black frame protectors and permanently mounted protective cushion.

Attention! The protective cushion must not be removed during table jumping, but must remain on the platform during the entire performance.

1 pc Dorado-36

Size: According to UEG regulations H: 65-80 cm (high part)

Colour: Yellow canvas with marking in the middle and with black frame protectors and permanently mounted protective cushion.

Attention! The protective cushion must not be removed during table jumping, but must remain on the platform during the entire performance.

1 pc Dorado-40

Size: According to UEG regulations H: 65-80 cm (high part)

Colour: Red canvas with marking in the middle and with black frame protectors and permanently mounted protective cushion.

Attention! The protective cushion must not be removed during table jumping, but must remain on the platform during the entire performance.

1 set Double landing area for trampet: LEG

Size: 7x7 m, H: 350 mm

Colour: Dark blue with 2 gray landing zones 3x1.5 m

The landing area consists of 6 impact mats 3500x2000x300 mm, which are laid 3 across each other in 2 "lines" next to each other for table jumps and free jumps. On top there are 2 sets of 4-part damping mat in size 6000x3500x50 mm with marked landing zone in gray color 3x1.5 m.

Behind the landing area are two additional safety mats 4000x1000x350 mm next to each other.

1 extra top mat: LEG

Size: 4x2 m, H: 100 mm

Colour: Grey/Dark blue with elastic fabric on top and gray landing zone 3x1.5 m