

JM hold 2. division 2024

Søndag d. 21. januar 2024

Gistruphallen, Hadsundvej 407, 9260 Gistrup

PROGRAM

- | | |
|---------------|---|
| 10.00 | Mulighed for opvarmning |
| 10.15 | Dommermøde |
| 10.55 | Hold samles til Indmarch |
| 11.00 | Indmarch og Velkomst |
| 11.10 | Single Rope Speed Relay (3x30 sek.)
Double Dutch Obligatorisk/Double Dutch Speed Relay (3x30 sek.) |
| 11.45 | Single Rope Pair Freestyle
Double Dutch Single Freestyle |
| 13.30 (cirka) | Medaljeoverrækkelse |

PRAKTISK

Entré: 75 kr.

Der kan købes mad og drikke i hallen.

Single Rope Speed Relay

Heat	Station 1	Station 2	Station 3
1		#186 SRSR3x30 JM 2. division Mini F 11 and Younger Gug Vilja Højslev Fie Petersen Laura Vestergaard	#187 SRSR3x30 JM 2. division Mini F 11 and Younger Gug Christine Nielsen Anna Ring Lea Thorsøe
2	#214 SRSR3x30 JM 2. division Junior F 12-15 Højderyggen Malou Grønbæk Poulsen Freya Meldgaard Jahn Elija Noreikaite	#1 SRSR3x30 JM 2. division Senior F 16+ Farum Smilla Chaudhry Marie Magnussen Anine Richter Vogelius	#189 SRSR3x30 JM 2. division Junior F 12-15 Gug Silje Børglum Freja Jakobsen Victoria Krabbe
3	#213 SRSR3x30 JM 2. division Junior F 12-15 Højderyggen Marie Bæk Jeppesen Carla C. S. Pedersen Cecilie Lund Ibsgaard	#188 SRSR3x30 JM 2. division Junior F 12-15 Gug Ida Christensen Frida Jakobsen Cecilia Serup	#209 SRSR3x30 JM 2. division Junior F 12-15 IF32 Glostrup Cassandra Petersen Emma Phan Lea Simonsen
4	#2 SRSR3x30 JM 2. division Junior F 12-15 Farum Viola Møller Alberte Sørensen Cajsa Wittrup		#116 SRSR3x30 JM 2. division Senior F 16+ Aarhus 1900 Ida Bengtsen Agnes Hansen Sofia Sejersbøll
5	#3 SRSR3x30 JM 2. division Senior F 16+ Farum Julie Hedal Kløverpris Marie Magnussen X Cecilie Arboe Mortensen	#115 SRSR3x30 JM 2. division Senior F 16+ Aarhus 1900 Smilla Rasmussen Helga Tvorup Ida Wessing	#190 SRSR3x30 JM 2. division Senior F 16+ Gug Frida Callesen Isabella Larsen Frida Søndergaard

Double Dutch Obligatorisk

Heat	Station 1	Station 2
6	#199 DDOBL JM 2. division Mini F 11 and Younger Gug Vilja Højslev Fie Petersen Laura Vestergaard	#200 DDOBL JM 2. division Mini F 11 and Younger Gug Christine Nielsen Anna Ring Lea Thorsøe

Double Dutch Speed Realy

Heat	Station 1	Station 2	Station 3
7	#211 DDSR3x30 JM 2. division Junior F 12-15 IF32 Glostrup Cassandra Petersen Emma Phan Lea Simonsen	#219 DDSR3x30 JM 2. division Junior F 12-15 Højderyggen Malou Grønbæk Poulsen Freya Meldgaard Jahn Elija Noreikaite	#201 DDSR3x30 JM 2. division Junior F 12-15 Gug Ida Christensen Frida Jakobsen Liva Mikkelsen
8	#8 DDSR3x30 JM 2. division Junior F 12-15 Farum Viola Møller Alberte Sørensen Cajsa Wittrup	#220 DDSR3x30 JM 2. division Junior F 12-15 Højderyggen Marie Bæk Jeppesen Carla C. S. Pedersen Cecilie Lund Ibsgaard	#202 DDSR3x30 JM 2. division Junior F 12-15 Gug Silje Børglum Freja Jakobsen Freja Jensen
9	#121 DDSR3x30 JM 2. division Senior F 16+ Aarhus 1900 Ida Bengtsen Mathilde Faber Sofia Sejersbøll	#203 DDSR3x30 JM 2. division Senior F 16+ Gug Frida Callesen Isabella Larsen Frida Søndergaard	
10		#9 DDSR3x30 JM 2. division Senior F 16+ Farum Julie Hedal Kløverpris Marie Magnussen Cecilie Arboe Mortensen	#120 DDSR3x30 JM 2. division Senior F 16+ Aarhus 1900 Smilla Rasmussen Helga Tvorup Ida Wessing

Single Rope Pair Freestyle

Heat	Station 1
20	#191 SRPF JM 2. division Mini F 11 and Younger Gug Vilja Højslev Laura Vestergaard
21	#192 SRPF JM 2. division Mini F 11 and Younger Gug Christine Nielsen Anna Ring
22	#216 SRPF JM 2. division Junior F 12-15 Højbjerg Malou Grønæk Poulsen Malou Lyneborg Mortensen
23	#194 SRPF JM 2. division Junior F 12-15 Gug Ida Christensen Frida Jakobsen
24	#195 SRPF JM 2. division Junior F 12-15 Gug Liva Mikkelsen Cecilia Serup
25	#217 SRPF JM 2. division Junior F 12-15 Højbjerg Carla C. S. Pedersen Julia Kjærgaard Frandsen
26	#197 SRPF JM 2. division Junior F 12-15 Gug Freja Jensen Victoria Krabbe
27	#6 SRPF JM 2. division Junior F 12-15 Farum Viola Møller Cajsa Wittrup
28	#196 SRPF JM 2. division Junior F 12-15 Gug Silje Børglum Freja Jakobsen
29	#210 SRPF JM 2. division Junior F 12-15 IF32 Glostrup Cassandra Petersen Lea Simonsen
30	#215 SRPF JM 2. division Junior F 12-15 Højbjerg Freya Meldgaard Jahn Elija Noreikaite
31	#5 SRPF JM 2. division Junior F 12-15 Farum Cecilie Arboe Mortensen Anine Richter Vogelius
32	#193 SRPF JM 2. division Junior F 12-15 Gug Fie Petersen Frida Søndergaard
33	#218 SRPF JM 2. division Junior F 12-15 Højbjerg Marie Bæk Jeppesen Cecilie Lund Ibsgaard

34 #4 SRPF
JM 2. division Junior F 12-15
Farum
Smilla Chaudhry
Alberte Sørensen

35 #118 SRPF
JM 2. division Senior F 16+
Aarhus 1900
Smilla Rasmussen
Sofia Sejersbøll

36 #7 SRPF
JM 2. division Senior F 16+
Farum
Julie Hedal Kløverpris
Marie Magnussen

37 #119 SRPF
JM 2. division Senior F 16+
Aarhus 1900
Ida Bengtzen
Agnes Hansen

38 #198 SRPF
JM 2. division Senior F 16+
Gug
Frida Callesen
Isabella Larsen

39 #117 SRPF
JM 2. division Senior F 16+
Aarhus 1900
Helga Tvorup
Ida Wessing

10 MINUTTERS PAUSE

Double Dutch Single Freestyle

Heat Station 1

40 #204 DDSF
JM 2. division Mini F 11 and Younger
Gug
Vilja Højslev
Fie Petersen
Laura Vestergaard

41 #205 DDSF
JM 2. division Mini F 11 and Younger
Gug
Christine Nielsen
Anna Ring
Lea Thorsøe

42 #10 DDSF
JM 2. division Junior F 12-15
Farum
Cecilie Arboe Mortensen
Alberte Sørensen
Anine Richter Vogelius

43 #206 DDSF
JM 2. division Junior F 12-15
Gug
Ida Christensen
Frida Jakobsen
Cecilia Serup

44 #212 DDSF
JM 2. division Junior F 12-15
IF32 Glostrup
Cassandra Petersen
Emma Phan
Lea Simonsen

45 #221 DDSF
JM 2. division Junior F 12-15
Højbjerg
Malou Lyneborg Mortensen
Freya Meldgaard Jahn
Elija Noreikaite

46 #11 DDSF
JM 2. division Senior F 16+
Farum
Smilla Chaudhry
Julie Hedal Kløverpris
Marie Magnussen

47 #207 DDSF
JM 2. division Junior F 12-15
Gug
Silje Børglum
Freja Jakobsen
Victoria Krabbe

48 #222 DDSF
JM 2. division Junior F 12-15
Højderyggen
Carla C. S. Pedersen
Julia Kjærgaard Frandsen
Cecilie Lund Ibsgaard

49 #122 DDSF
JM 2. division Senior F 16+
Aarhus 1900
Smilla Rasmussen
Helga Tvorup
Ida Wessing

50 #208 DDSF
JM 2. division Senior F 16+
Gug
Frida Callesen
Isabella Larsen
Frida Søndergaard

51 #123 DDSF
JM 2. division Senior F 16+
Aarhus 1900
Mathilde Faber
Agnes Hansen
Sofia Sejersbøll