

DM Master Senior 2023

Lørdag d. 7. oktober 2022

Fredericia Idrætscenter, Vestre Ringvej 100, 7000 Fredericia

PROGRAM

11.00	Mulighed for opvarmning
11.00	Dommermøde
11.55	Hold samles til Indmarch
12.00	Indmarch og Velkomst
12.10	Single Rope Speed Sprint (30 sek.) Single Rope Speed Endurance (3 min.)
13.55	Single Rope Individual Freestyle
16.10 (cirka)	Single Rope Triple Unders
17.00 (cirka)	Medaljeoverrækkelse

PRAKTISK

Entré: 70 kr.

Der kan købes mad og drikke i hallen.

Session: Senior Master
Start kl. 12.10

Single Rope Speed Sprint

Heat	Bane 1	Bane 2	Bane 3
1	#258 SRSS Senior F 16+ IF32 Glostrup Ida Buttenschøn	#339 SRSS Senior F 16+ Lillerød/Måløv Vigga Kruse Partsch	#84 SRSS Senior F 16+ Gug Anna-Sophia Irgens
2	#75 SRSS Senior F 16+ Gug Ida Torp Carlsen	#375 SRSS Senior F 16+ Lillerød Natacha Meier vincent	#8 SRSS Senior F 16+ Aarhus 1900 Ida Blicher Wessing
3	#9 SRSS Senior F 16+ Aarhus 1900 Sofia Slemming Sejersbøll	#83 SRSS Senior F 16+ Gug Stine Strandbæk Pedersen	#435 SRSS Senior F 16+ Skensved Emma Irgens
4	#81 SRSS Senior F 16+ Gug Saramille Pedersen	#188 SRSS Senior F 16+ Højby Julia Rasmussen	#326 SRSS Senior F 16+ Lillerød Astrid Riis
5	#190 SRSS Senior F 16+ Højby Laura Sif Wichmann	#330 SRSS Senior F 16+ Lillerød Ida Bach Meldal	#437 SRSS Senior F 16+ Skensved Maja Rossil
6	#21 SRSS Senior F 16+ Farum Catrina Petersen	#189 SRSS Senior F 16+ Højby Karla Lodberg-Jakobsen	#338 SRSS Senior F 16+ Lillerød Selma Björk Nielsen
7	#71 SRSS Senior F 16+ Gug Anja Byskov	#327 SRSS Senior F 16+ Lillerød Cecilie Langseth	#410 SRSS Senior F 16+ Måløv Emilie Hess
8	#79 SRSS Senior F 16+ Gug Marie Mikkelsen	#413 SRSS Senior F 16+ Måløv Mikkeline Nielsen	#436 SRSS Senior F 16+ Skensved Josefine Jacobsen
9	#412 SRSS Senior F 16+ Måløv Kille Fyhn Wilken	#336 SRSS Senior F 16+ Lillerød Nina Bøgh Krogh-Madsen	#74 SRSS Senior F 16+ Gug Freja Kragbæk Thon
10	#337 SRSS Senior F 16+ Lillerød Rebecca Lynge Tutein	#409 SRSS Senior F 16+ Måløv Emilie Anna Hansen	#72 SRSS Senior F 16+ Gug Cecilie H. Christensen
11	#10 SRSS Senior F 16+ Aarhus 1900 Smilla Møller Rasmussen	#77 SRSS Senior F 16+ Gug Laura Søltøft Jensen	#329 SRSS Senior F 16+ Lillerød/Måløv Herdis-Marie Møller Nielsen
12	#332 SRSS Senior F 16+ Lillerød Josephine Grænge Rasmussen	#23 SRSS Senior F 16+ Farum Marie Stegemann Magnussen	#259 SRSS Senior F 16+ IF32 Glostrup Josephine Merkel Rasmussen
13	#73 SRSS Senior F 16+ Gug Emma Vedel Christensen	#260 SRSS Senior F 16+ IF32 Glostrup Mathilde Tøttrup Andersson	#331 SRSS Senior F 16+ Lillerød Ida Harder Risto
14	#333 SRSS Senior F 16+ Lillerød/Måløv Laura Rahbek Pedersen	#187 SRSS Senior F 16+ Højby Emilie Loft	#261 SRSS Senior F 16+ IF32 Glostrup Natalie Bülow Fischer
15	#78 SRSS Senior F 16+ Gug Lisa Byskov	#328 SRSS Senior F 16+ Lillerød Emilie Glendorf Linderøth	#411 SRSS Senior F 16+ Måløv Katrine Ellegaard
16	#76 SRSS Senior F 16+ Gug Karla Agersten Hansen	#24 SRSS Senior F 16+ Farum Nikoline Bruhn-Andersen	#334 SRSS Senior F 16+ Lillerød Mikkeline Dunfeldt Nilsson
17	#442 SRSS Senior F 16+ Højby Alba Espitia-Bønning	#434 SRSS Senior F 16+ Skensved Ea-Maivi Dahl Eriksen	#82 SRSS Senior F 16+ Gug Silje Schmidt
18	#22 SRSS Senior F 16+ Farum Emma Bisgaard	#191 SRSS Senior F 16+ Højby Michala Danielsen	#80 SRSS Senior F 16+ Gug Mathilde Drasbek Emmersen
19	#355 SRSS Senior M 16+ Lillerød Alfred Vous Wulf-Andersen	#356 SRSS Senior M 16+ Lillerød Marcus Lu-Nielsen	#144 SRSS Senior M 16+ Gug Tobias Freyvall Jonassen

Single Rope Speed Endurance

Heat	Bane 1	Bane 2	Bane 3
20	#93 SRSE Senior F 16+ Gug Saramille Pedersen	#348 SRSE Senior F 16+ Lillerød Natacha Meier vincent	#195 SRSE Senior F 16+ Højby Karla Lodberg-Jakobsen
21	#262 SRSE Senior F 16+ IF32 Glostrup Ida Buttenschøn	#94 SRSE Senior F 16+ Gug Anna-Sophia Irgens	#351 SRSE Senior F 16+ Lillerød Selma Björk Nielsen
22	#194 SRSE Senior F 16+ Højby Julia Rasmussen	#89 SRSE Senior F 16+ Gug Ida Torp Carlsen	#343 SRSE Senior F 16+ Lillerød Ida Bach Meldal
23	#349 SRSE Senior F 16+ Lillerød Nina Bøgh Krogh-Madsen	#418 SRSE Senior F 16+ Måløv Mikkeline Nielsen	#86 SRSE Senior F 16+ Gug Cecilie H. Christensen
24	#340 SRSE Senior F 16+ Lillerød Astrid Riis	#414 SRSE Senior F 16+ Måløv Emilie Anna Hansen	#85 SRSE Senior F 16+ Gug Anja Byskov
25	#416 SRSE Senior F 16+ Måløv Katrine Ellegaard	#350 SRSE Senior F 16+ Lillerød Rebecca Lynge Tutein	#196 SRSE Senior F 16+ Højby Laura Sif Wichmann
26	#417 SRSE Senior F 16+ Måløv Kille Fyhn Wilken	#88 SRSE Senior F 16+ Gug Freja Kragbæk Thon	#265 SRSE Senior F 16+ IF32 Glostrup Natalie Bülow Fischer
27	#7 SRSE Senior F 16+ Aarhus 1900 Ida Blicher Wessing	#193 SRSE Senior F 16+ Højby Emilie Loft	#352 SRSE Senior F 16+ Lillerød/Måløv Vigga Kruse Partsch
28	#25 SRSE Senior F 16+ Farum Emma Bisgaard	#346 SRSE Senior F 16+ Lillerød/Måløv Laura Rahbek Pedersen	#192 SRSE Senior F 16+ Højby Alba Espitia-Bønning
29	#87 SRSE Senior F 16+ Gug Emma Vedel Christensen	#263 SRSE Senior F 16+ IF32 Glostrup Josephine Merkel Rasmussen	#344 SRSE Senior F 16+ Lillerød Ida Harder Risto
30	#345 SRSE Senior F 16+ Lillerød Josephine Grænge Rasmussen	#264 SRSE Senior F 16+ IF32 Glostrup Mathilde Tøttrup Andersson	#91 SRSE Senior F 16+ Gug Marie Mikkelsen
31		#347 SRSE Senior F 16+ Lillerød Mikkeline Dunfeldt Nilsson	#415 SRSE Senior F 16+ Måløv Emilie Hess
32	#342 SRSE Senior F 16+ Lillerød/Måløv Herdis-Marie Møller Nielsen	#92 SRSE Senior F 16+ Gug Silje Schmidt	#197 SRSE Senior F 16+ Højby Michala Danielsen
33	#341 SRSE Senior F 16+ Lillerød Emilie Glendorf Linderoth	#26 SRSE Senior F 16+ Farum Marie Stegemann Magnussen	#90 SRSE Senior F 16+ Gug Karla Agersten Hansen
34	#145 SRSE Senior M 16+ Gug Tobias Freyvall Jonassen	#353 SRSE Senior M 16+ Lillerød Alfred Vous Wulf-Andersen	#354 SRSE Senior M 16+ Lillerød Marcus Lu-Nielsen

Single Rope Individual Freestyle

Heat	Bane 1
50	#142 SRIF Senior F 16+ Gug Anna-Sophia Irgens
51	#42 SRIF Senior F 16+ Farum Emma Bisgaard
52	#1 SRIF Senior F 16+ Aarhus 1900 Ida Blicher Wessing
53	#137 SRIF Senior F 16+ Gug Laura Søltøft Jensen
54	#363 SRIF Senior F 16+ Lillerød Laura Francis
55	#420 SRIF Senior F 16+ Måløv Emilie Hess
56	#422 SRIF Senior F 16+ Måløv Kille Fyhn Wilken
57	#368 SRIF Senior F 16+ Lillerød Nina Bøgh Krogh-Madsen
58	#4 SRIF Senior F 16+ Aarhus 1900 Sofia Slemming Sejersbøll
59	#198 SRIF Senior F 16+ Højby Alba Espitia-Bønning
60	#421 SRIF Senior F 16+ Måløv Katrine Ellegaard
61	#439 SRIF Senior F 16+ Skensved Emma Irgens
62	#370 SRIF Senior F 16+ Lillerød Selma Björk Nielsen
63	#358 SRIF Senior F 16+ Lillerød Emilie Glendorf Linderøth
64	#267 SRIF Senior F 16+ IF32 Glostrup Josephine Merkel Rasmussen
65	#366 SRIF Senior F 16+ Lillerød Mikkeline Dunfeldt Nilsson
66	#141 SRIF Senior F 16+ Gug Silje Schmidt
67	#201 SRIF Senior F 16+ Højby Michala Danielsen

10 MINUTTERS PAUSE

68	#41 SRIF Senior F 16+ Farum Catrina Petersen
69	#131 SRIF Senior F 16+ Gug Anja Byskov
70	#364 SRIF Senior F 16+ Lillerød/Måløv Laura Rahbek Pedersen
71	#440 SRIF Senior F 16+ Skensved Josefine Jacobsen
72	#268 SRIF Senior F 16+ IF32 Glostrup Mathilde Tøttrup Andersson
73	#43 SRIF Senior F 16+ Farum Marie Stegemann Magnussen
74	#135 SRIF Senior F 16+ Gug Ida Torp Carlsen
75	#136 SRIF Senior F 16+ Gug Karla Agersten Hansen
76	#362 SRIF Senior F 16+ Lillerød Josephine Grænge Rasmussen
77	#369 SRIF Senior F 16+ Lillerød Rebecca Lyng Tutein
78	#199 SRIF Senior F 16+ Højby Emilie Loft
79	#371 SRIF Senior F 16+ Lillerød/Måløv Vigga Kruse Partsch
80	#140 SRIF Senior F 16+ Gug Saramille Pedersen
81	#423 SRIF Senior F 16+ Måløv Mikkeline Nielsen
82	#139 SRIF Senior F 16+ Gug Marie Mikkelsen
83	#200 SRIF Senior F 16+ Højby Karla Lodberg-Jakobsen
84	#361 SRIF Senior F 16+ Lillerød Ida Harder Risto

10 MINUTTERS PAUSE

85	#133 SRIF Senior F 16+ Gug Emma Vedel Christensen
86	#269 SRIF Senior F 16+ IF32 Glostrup Natalie Bülow Fischer
87	#360 SRIF Senior F 16+ Lillerød Ida Bach Meldal
88	#365 SRIF Senior F 16+ Lillerød Marie Broen Magersholt
89	#419 SRIF Senior F 16+ Måløv Emilie Anna Hansen
90	#441 SRIF Senior F 16+ Skensved Maja Rossil
91	#367 SRIF Senior F 16+ Lillerød Natacha Meier vincent
92	#134 SRIF Senior F 16+ Gug Freja Kragbæk Thon
93	#359 SRIF Senior F 16+ Lillerød/Måløv Herdis-Marie Møller Nielsen
94	#132 SRIF Senior F 16+ Gug Cecilie H. Christensen
95	#44 SRIF Senior F 16+ Farum Nikoline Bruhn-Andersen
96	#438 SRIF Senior F 16+ Skensved Ea-Maivi Dahl Eriksen
97	#266 SRIF Senior F 16+ IF32 Glostrup Ida Buttenschøn
98	#138 SRIF Senior F 16+ Gug Lisa Byskov
99	#357 SRIF Senior F 16+ Lillerød Cecilie Langseth
100	#5 SRIF Senior F 16+ Aarhus 1900 Smilla Møller Rasmussen
101	#372 SRIF Senior M 16+ Lillerød Alfred Vous Wulf-Andersen
102	#373 SRIF Senior M 16+ Lillerød Marcus Lu-Nielsen
103	#143 SRIF Senior M 16+ Gug Tobias Freyvall Jonassen

Single Rope Triple Unders

Heat	Bane 1	Bane 2
110	#159 SRTU Senior F 16+ Gug Stine Strandbæk Pedersen	#424 SRTU Senior F 16+ Måløv Emilie Anna Hansen
111	#158 SRTU Senior F 16+ Gug Emma Vedel Christensen	#375 SRTU Senior F 16+ Lillerød Natacha Meier vincent
112	#157 SRTU Senior F 16+ Gug Cecilie H. Christensen	#374 SRTU Senior F 16+ Lillerød Josephine Grænge Rasmussen
113	#160 SRTU Senior M 16+	

