

Regionskonkurrence 1 hold 1. division 2023

Lørdag d. 21. januar 2023

Gistruphallen, Hadsundvej 407, 9260 Gistrup

PROGRAM

- 11.30 Mulighed for opvarmning
- 11.30 Dommermøde
- 12.25 Hold samles til Indmarch
- 12.30 Indmarch og Velkomst
- 12.40 Single Rope Speed Relay (4x30 sek.)
Single Rope Double Under Relay (2x30 sek.)
Double Dutch Speed Relay (4x30 sek.)
Double Dutch Speed Sprint (1x60 sek.)
- 14.50 Single Rope Pair Freestyle
Single Rope Team Freestyle
Double Dutch Single Freestyle
Double Dutch Pair Freestyle
- Wheel Pair Freestyle
- 19.10 (cirka) Medaljeoverrækkelse

PRAKTISK

Entré: 75 kr.

Der kan købes mad og drikke i hallen.

Session: Regionskonkurrence 1 1. division

Start kl. 12.40



Single Rope Speed Relay

Heat	Station 1	Station 2
1	#36 SRSR RK1 1. division Junior F 12-15 Lillerød Ditte Tutein Mikkeline Nilsson Emilie Glendorf Linderøth Ida Harder Risto	#76 SRSR RK1 1. division Junior F 12-15 Højby Alba Espitia-Bønning Caroline Littau Karla Lodbjerg Michala Danielsen
2	#205 SRSR RK1 1. division Junior F 12-15 Gug Freja Gustafson Silje Schmidt Saramille Pedersen Anna-Lucca Vistisen	#182 SRSR RK1 1. division Junior F 12-15 IF32 Glostrup Josephine Rasmussen Mathilde Jeppesen Natalie Fischer Sara Poulsen
3	#37 SRSR RK1 1. division Junior F 12-15 Lillerød Karla Helbo Larsen Kassandra Lu-Nielsen Sofie Brauer Sørensen Stine Vesterlund Guldborg	#181 SRSR RK1 1. division Junior F 12-15 IF32 Glostrup Ida Buttenschøn Jasmina Skaarup Liva Bondesen Mathilde Andersson
4	#208 SRSR RK1 1. division Senior X 16+ Gug Tobias Jonassen Thea Jonassen Mathilde Emmersen Emma Christensen	#33 SRSR RK1 1. division Senior X 16+ Lillerød Alfred Wulf-Andersen Josephine Grænge Rasmussen Marcus Lu-Nielsen Mathilde Helbo Larsen
5	#35 SRSR RK1 1. division Senior F 16+ Lillerød Astrid Riis Ida Bach Meldal Cecilie Langseth Ellen Knudsen	#59 SRSR RK1 1. division Senior F 16+ Farum Alma Lautrup Hjulmand Catrina Petersen Emma Bisgaard Freja Okholm
6	#98 SRSR RK1 1. division Senior F 16+ Måløv Kille Fyhn Wilken Emilie Hess Emilie Hansen Katrine Ellegaard	#38 SRSR RK1 1. division Senior F 16+ Lillerød Dagmar Bruun Frida Printz Marie Johanne Riis Nina Krogh-Madsen
7	#77 SRSR RK1 1. division Senior F 16+ Højby Emilie Loft Julia Rasmussen Maja Raun Laura Sif Wichmann	#207 SRSR RK1 1. division Senior F 16+ Gug Anna Mortensen Karla Hansen Anna-Sophia Irgens Marie Madsen
8	#206 SRSR RK1 1. division Senior F 16+ Gug Lisa Byskov Anja Byskov Stine Pedersen Ida Carlsen	#34 SRSR RK1 1. division Senior F 16+ Lillerød Ellen Krogh-Madsen Lea Henriksen Sif Printz Natacha Vincent
9	#97 SRSR RK1 1. division Senior F 16+ Måløv Line Fromberg Laura Rahbek Pedersen Herdis-Marie Møller-Nielsen Vigga Kruse Partsch	

Single Rope Double Under Relay

Heat	Station 1	Station 2
10	#183 SRDR RK1 1. division Junior F 12-15 IF32 Glostrup Ida Buttenschøn Mathilde Andersson	#78 SRDR RK1 1. division Junior F 12-15 Højby Alfa Slumstrup Caroline Littau
11	#184 SRDR RK1 1. division Junior F 12-15 IF32 Glostrup Jasmina Skaarup Liva Bondesen	#44 SRDR RK1 1. division Junior F 12-15 Lillerød Ditte Tutein Ida Harder Risto
12	#45 SRDR RK1 1. division Junior F 12-15 Lillerød Sofie Brauer Sørensen Stine Vesterlund Guldborg	#209 SRDR RK1 1. division Junior F 12-15 Gug Silje Schmidt Freja Gustafson
13	#185 SRDR RK1 1. division Junior F 12-15 IF32 Glostrup Josephine Rasmussen Sara Poulsen	#79 SRDR RK1 1. division Junior F 12-15 Højby Michala Danielsen Karla Lodbjerg
14	#43 SRDR RK1 1. division Junior F 12-15 Lillerød Emma Poulsen Mathilde Morthorst	#186 SRDR RK1 1. division Junior F 12-15 IF32 Glostrup Maja Nielsen Mathilde Jeppesen
15	#212 SRDR RK1 1. division Senior X 16+ Gug Tobias Jonassen Mathilde Emmersen	#40 SRDR RK1 1. division Senior X 16+ Lillerød Josephine Grænge Rasmussen Simon Dahl Meincke
16	#39 SRDR RK1 1. division Senior X 16+ Lillerød Alfred Wulf-Andersen Mathilde Helbo Larsen	#100 SRDR RK1 1. division Senior F 16+ Måløv Emilie Hess Emilie Hansen
17	#80 SRDR RK1 1. division Senior F 16+ Højby Emilie Loft Julia Rasmussen	#246 SRDR RK1 1. division Senior F 16+ Skensved Ea-Maivi Dahl Eriksen Mikkeline Nielsen
18	#42 SRDR RK1 1. division Senior F 16+ Lillerød Astrid Riis Rebecca Lyng Tutein	#211 SRDR RK1 1. division Senior F 16+ Gug Marie Madsen Anna-Sophia Irgens
19	#101 SRDR RK1 1. division Senior F 16+ Måløv Kille Fyhn Wilken Katrine Ellegaard	#210 SRDR RK1 1. division Senior F 16+ Gug Anja Byskov Ida Carlsen
20	#99 SRDR RK1 1. division Senior F 16+ Måløv Vigga Kruse Partsch Laura Rahbek Pedersen	#41 SRDR RK1 1. division Senior F 16+ Lillerød Sif Printz Natacha Vincent
21	#60 SRDR RK1 1. division Senior F 16+ Farum Emma Bisgaard Freja Okholm	

Double Dutch Speed Realy

Heat	Station 1	Station 2
22	#193 DDSR RK1 1. division Junior F 12-15 IF32 Glostrup Josephine Rasmussen Maja Nielsen Mathilde Jeppesen Natalie Fischer	#86 DDSR RK1 1. division Junior F 12-15 Højby Alba Espitia-Bønning Alfa Slumstrup Caroline Littau Karla Lodbjerg
23	#223 DDSR RK1 1. division Junior F 12-15 Gug Anna-Sophia Irgens Karla Hansen Marie Mikkelsen Freja Gustafson	#52 DDSR RK1 1. division Junior F 12-15 Lillerød Kassandra Lu-Nielsen Karla Helbo Larsen Sofie Brauer Sørensen Stine Vesterlund Guldborg
24	#192 DDSR RK1 1. division Junior F 12-15 IF32 Glostrup Jasmina Skaarup Liva Bondesen Mathilde Andersson Sara Poulsen	#51 DDSR RK1 1. division Junior F 12-15 Lillerød Ditte Tutein Mikkeline Nilsson Ida Harder Risto Emilie Glendorf Linderorth
25	#46 DDSR RK1 1. division Senior X 16+ Lillerød Alfred Wulf-Andersen Josephine Grænge Rasmussen Marcus Lu-Nielsen Lea Henriksen	#227 DDSR RK1 1. division Senior X 16+ Gug Tobias Jonassen Thea Jonassen Emma Christensen Cecilie Christensen
26	#47 DDSR RK1 1. division Senior X 16+ Lillerød Karoline Nørgaard Simon Dahl Meincke Marie Broen Magerholt Mathilde Helbo Larsen	#110 DDSR RK1 1. division Senior F 16+ Måløv Daimi Brander Wilkenskjeld Kille Fyhn Wilken Solveig Berg Seiersen Emilie Hansen
27	#225 DDSR RK1 1. division Senior F 16+ Gug Laura Pedersen Laura Enggaard Kirstine Arknæs Julie Pedersen	#248 DDSR RK1 1. division Senior F 16+ Skensved Ea-Maivi Dahl Eriksen Mikkeline Nielsen Amalie Nielsen Josefine Jacobsen
28	#63 DDSR RK1 1. division Senior F 16+ Farum Alma Lautrup Hjulmand Catrina Petersen Freja Okholm Nikoline Bruhn-Andersen	#48 DDSR RK1 1. division Senior F 16+ Lillerød Ellen Krogh-Madsen Laura Francis Sif Printz Natacha Vincent
29	#109 DDSR RK1 1. division Senior F 16+ Måløv Sara Mekis Bach Vera Roed Grarup Emilie Hess Katrine Ellegaard	#49 DDSR RK1 1. division Senior F 16+ Lillerød Ellen Knudsen Selma Nielsen Ida Bach Meldal Cecilie Langseth
30	#226 DDSR RK1 1. division Senior F 16+ Gug Freja Thon Silje Schmidt Saramille Pedersen Anna-Lucca Vistisen	#224 DDSR RK1 1. division Senior F 16+ Gug Anja Byskov Lisa Byskov Ida Carlsen Stine Pedersen
31	#108 DDSR RK1 1. division Senior F 16+ Måløv Line Fromberg Laura Rahbek Pedersen Herdis-Marie Møller-Nielsen Vigga Kruse Partsch	#50 DDSR RK1 1. division Senior F 16+ Lillerød Dagmar Bruun Emma Poulsen Frida Printz Mathilde Morthorst
32	#87 DDSR RK1 1. division Senior F 16+ Højby Michala Danielsen Emilie Loft Julia Rasmussen Maja Raun	

Double Dutch Speed Sprint

Heat	Station 1	Station 2
33	#228 DDSS RK1 1. division Junior F 12-15 Gug Anna-Sophia Irgens Freja Gustafson Marie Mikkelsen	#194 DDSS RK1 1. division Junior F 12-15 IF32 Glostrup Josephine Rasmussen Ida Buttenschøn Liva Bondesen
34	#88 DDSS RK1 1. division Junior F 12-15 Højby Alfa Slumstrup Caroline Littau Karla Lodbjerg	#195 DDSS RK1 1. division Junior F 12-15 IF32 Glostrup Jasmina Skaarup Mathilde Andersson Sara Poulsen
35	#196 DDSS RK1 1. division Junior F 12-15 IF32 Glostrup Maja Nielsen Mathilde Jeppesen Natalie Fischer	
36	#53 DDSS RK1 1. division Senior X 16+ Lillerød Alfred Wulf-Andersen Karoline Nørgaard Simon Dahl Meincke	#232 DDSS RK1 1. division Senior X 16+ Gug Cecilie Christensen Thea Jonassen Tobias Jonassen
37	#65 DDSS RK1 1. division Senior F 16+ Farum Catrina Petersen Emma Bisgaard Marie Hansen	#54 DDSS RK1 1. division Senior X 16+ Lillerød Marcus Lu-Nielsen Laura Francis Sif Printz
38	#58 DDSS RK1 1. division Senior F 16+ Lillerød Marie Johanne Riis Mathilde Morthorst Nina Krogh-Madsen	#230 DDSS RK1 1. division Senior F 16+ Gug Kirstine Arknæs Laura Pedersen Laura Enggaard
39	#111 DDSS RK1 1. division Senior F 16+ Måløv Line Fromberg Laura Rahbek Pedersen Herdis-Marie Møller -Nielsen	#57 DDSS RK1 1. division Senior F 16+ Lillerød Cecilie Langseth Astrid Riis Ellen Knudsen
40	#55 DDSS RK1 1. division Senior F 16+ Lillerød Josephine Grænge Rasmussen Marie Broen Magersholt Mathilde Helbo Larsen	#112 DDSS RK1 1. division Senior F 16+ Måløv Sara Mekis Bach Vera Roed Grarup Vigga Kruse Partsch
41	#229 DDSS RK1 1. division Senior F 16+ Gug Anja Byskov Lisa Byskov Stine Pedersen	#114 DDSS RK1 1. division Senior F 16+ Måløv Emilie Hess Emilie Hansen Katrine Ellegaard
42	#64 DDSS RK1 1. division Senior F 16+ Farum Alma Lautrup Hjulmand Freja Okholm Nikoline Bruhn-Andersen	#90 DDSS RK1 1. division Senior F 16+ Højby Alba Espitia-Bønning Emilie Loft Julia Rasmussen
43	#56 DDSS RK1 1. division Senior F 16+ Lillerød Ellen Krogh-Madsen Lea Henriksen Natacha Vincent	#89 DDSS RK1 1. division Senior F 16+ Højby Michala Danielsen Laura Sif Wichmann Maja Raun
44	#231 DDSS RK1 1. division Senior F 16+ Gug Freja Thon Saramille Pedersen Anna-Lucca Vistisen	#113 DDSS RK1 1. division Senior F 16+ Måløv Daimi Brander Wilkenskjeld Kille Fyhn Wilken Solveig Berg Seiersen

Single Rope Pair Freestyle

Heat	Station 1
50	#213 SRPF RK1 1. division Junior F 12-15 Gug Anna Mortensen Karla Hansen
51	#190 SRPF RK1 1. division Junior F 12-15 IF32 Glostrup Mathilde Andersson Mathilde Jeppesen
52	#7 SRPF RK1 1. division Junior F 12-15 Lillerød Ditte Tutein Mikkeline Nilsson
53	#82 SRPF RK1 1. division Junior F 12-15 Højby Caroline Littau Alfa Slumstrup
54	#6 SRPF RK1 1. division Junior F 12-15 Lillerød Emma Poulsen Dagmar Bruun
55	#214 SRPF RK1 1. division Junior F 12-15 Gug Freja Gustafson Marie Mikkelsen
56	#9 SRPF RK1 1. division Junior F 12-15 Lillerød Karla Helbo Larsen Sofie Brauer Sørensen
57	#188 SRPF RK1 1. division Junior F 12-15 IF32 Glostrup Josephine Rasmussen Natalie Fischer
58	#8 SRPF RK1 1. division Junior F 12-15 Lillerød Ida Harder Risto Emilie Glendorf Linderøth
59	#189 SRPF RK1 1. division Junior F 12-15 IF32 Glostrup Liva Bondesen Sara Poulsen
60	#81 SRPF RK1 1. division Junior F 12-15 Højby Alba Espitia-Bønning Michala Danielsen
61	#187 SRPF RK1 1. division Junior F 12-15 IF32 Glostrup Ida Buttenschøn Jasmina Skaarup
62	#2 SRPF RK1 1. division Senior X 16+ Lillerød Marcus Lu-Nielsen Simon Dahl Meincke
63	#218 SRPF RK1 1. division Senior X 16+ Gug Tobias Jonassen Emma Christensen
64	#1 SRPF RK1 1. division Senior X 16+ Lillerød Alfred Wulf-Andersen Josephine Grænge Rasmussen

65	#83 SRPF RK1 1. division Senior F 16+ Højby Maja Raun Laura Sif Wichmann
66	#4 SRPF RK1 1. division Senior F 16+ Lillerød Marie Broen Magersholt Mathilde Helbo Larsen
67	#103 SRPF RK1 1. division Senior F 16+ Måløv Vigga Kruse Partsch Sara Mekis Bach
68	#61 SRPF RK1 1. division Senior F 16+ Farum Catrina Petersen Freja Okholm
69	#104 SRPF RK1 1. division Senior F 16+ Måløv Solveig Berg Seiersen Emilie Hansen
70	#3 SRPF RK1 1. division Senior F 16+ Lillerød Laura Francis Natacha Vincent
71	#102 SRPF RK1 1. division Senior F 16+ Måløv Line Fromberg Laura Rahbek Pedersen
72	#217 SRPF RK1 1. division Senior F 16+ Gug Marie Madsen Freja Thon
73	#105 SRPF RK1 1. division Senior F 16+ Måløv Emilie Hess Katrine Ellegaard
74	#10 SRPF RK1 1. division Senior F 16+ Lillerød Frida Printz Marie Johanne Riis
75	#215 SRPF RK1 1. division Senior F 16+ Gug Ida Carlsen Lisa Byskov
76	#247 SRPF RK1 1. division Senior F 16+ Skensved Ea-Maivi Dahl Eriksen Mikkeline Nielsen
77	#216 SRPF RK1 1. division Senior F 16+ Gug Kirstine Arknæs Laura Enggaard
78	#5 SRPF RK1 1. division Senior F 16+ Lillerød Rebecca Lyng Tutein Ida Bach Meldal
79	#62 SRPF RK1 1. division Senior F 16+ Farum Emma Bisgaard Nikoline Bruhn-Andersen

5 MINUTTERS PAUSE

Single Rope Team Freestyle

Heat	Station 1
80	#17 SRTF RK1 1. division Junior F 12-15 Lillerød Dagmar Bruun Emma Poulsen Nina Krogh-Madsen Mathilde Morthorst

81	#191 SRTF RK1 1. division Junior F 12-15 IF32 Glostrup Liva Bondesen Maja Nielsen Mathilde Andersson Mathilde Jeppesen
82	#18 SRTF RK1 1. division Junior F 12-15 Lillerød Emilie Glendorf Linderoth Karla Helbo Larsen Stine Vesterlund Guldborg Kassandra Lu-Nielsen
83	#219 SRTF RK1 1. division Junior F 12-15 Gug Freja Gustafson Marie Mikkelsen Silje Schmidt Saramille Pedersen
84	#84 SRTF RK1 1. division Junior F 12-15 Højby Alba Espitia-Bønning Alfa Slumstrup Caroline Littau Karla Lodbjerg
85	#14 SRTF RK1 1. division Senior X 16+ Lillerød Alfred Wulf-Andersen Marcus Lu-Nielsen Simon Dahl Meincke Mathilde Helbo Larsen
86	#222 SRTF RK1 1. division Senior X 16+ Gug Julie Andersen Tobias Jonassen Emma Christensen Cecilie Christensen
87	#106 SRTF RK1 1. division Senior F 16+ Måløv Laura Rahbek Pedersen Herdis-Marie Møller-Nielsen Sara Mekis Bach Vigga Kruse Partsch
88	#220 SRTF RK1 1. division Senior F 16+ Gug Anja Byskov Lisa Byskov Ida Carlsen Stine Pedersen
89	#85 SRTF RK1 1. division Senior F 16+ Højby Emilie Loft Julia Rasmussen Laura Sif Wichmann Maja Raun
90	#15 SRTF RK1 1. division Senior F 16+ Lillerød Ellen Krogh-Madsen Laura Francis Natacha Vincent Selma Nielsen
91	#107 SRTF RK1 1. division Senior F 16+ Måløv Emilie Hess Kille Fyhn Wilken Solveig Berg Seiersen Katrine Ellegaard

92 #16 SRTF
RK1 1. division Senior F 16+
Lillerød
Rebecca Lyng Tutein
Astrid Riis
Cecilie Langseth
Ellen Knudsen

93 #221 SRTF
RK1 1. division Senior F 16+
Gug
Freja Thon
Anna Mortensen
Marie Madsen
Karla Hansen

10 MINUTTERS PAUSE

Double Dutch Single Freestyle

Heat Station 1

94 #198 DDSF
RK1 1. division Junior F 12-15
IF32 Glostrup
Josephine Rasmussen
Maja Nielsen
Natalie Fischer

95 #25 DDSF
RK1 1. division Junior F 12-15
Lillerød
Ditte Tutein
Kassandra Lu-Nielsen
Karla Helbo Larsen

96 #197 DDSF
RK1 1. division Junior F 12-15
IF32 Glostrup
Ida Buttenschøn
Mathilde Andersson
Sara Poulsen

97 #26 DDSF
RK1 1. division Junior F 12-15
Lillerød
Ida Harder Risto
Stine Vesterlund Guldborg
Sofie Brauer Sørensen

98 #233 DDSF
RK1 1. division Junior F 12-15
Gug
Marie Mikkelsen
Silje Schmidt
Freja Gustafson

99 #199 DDSF
RK1 1. division Junior F 12-15
IF32 Glostrup
Mathilde Jeppesen
Liva Bondesen
Jasmina Skaarup

100 #91 DDSF
RK1 1. division Junior F 12-15
Højby
Alfa Slumstrup
Caroline Littau
Karla Lodbjerg

101 #24 DDSF
RK1 1. division Junior F 12-15
Lillerød
Emilie Glendorf Linderøth
Mikkeline Nilsson
Nina Krogh-Madsen

102 #234 DDSF
RK1 1. division Junior F 12-15
Gug
Anna-Sophia Irgens
Anna Mortensen
Karla Hansen

103 #20 DDSF
RK1 1. division Senior X 16+
Lillerød
Marcus Lu-Nielsen
Lea Henriksen
Ellen Krogh-Madsen

104 #19 DDSF
RK1 1. division Senior X 16+
Lillerød
Alfred Wulf-Andersen
Karoline Nørgaard
Simon Dahl Meincke

105	#239 DDSF RK1 1. division Senior X 16+ Gug Emma Christensen Tobias Jonassen Thea Jonassen
106	#27 DDSF RK1 1. division Senior F 16+ Lillerød Frida Printz Marie Johanne Riis Mathilde Morthorst
107	#93 DDSF RK1 1. division Senior F 16+ Højby Michala Danielsen Alba Espitia-Bønning Julia Rasmussen
108	#236 DDSF RK1 1. division Senior F 16+ Gug Mathilde Emmersen Julie Andersen Cecilie Christensen
109	#117 DDSF RK1 1. division Senior F 16+ Måløv Daimi Brander Wilkenskjeld Kille Fyhn Wilken Solveig Berg Seiersen
110	#67 DDSF RK1 1. division Senior F 16+ Farum Emma Bisgaard Marie Hansen Nikoline Bruhn-Andersen
111	#21 DDSF RK1 1. division Senior F 16+ Lillerød Josephine Grænge Rasmussen Marie Broen Magersholt Mathilde Helbo Larsen
112	#116 DDSF RK1 1. division Senior F 16+ Måløv Laura Rahbek Pedersen Herdis-Marie Møller-Nielsen Sara Mekis Bach
113	#66 DDSF RK1 1. division Senior F 16+ Farum Alma Lautrup Hjulmand Catrina Petersen Freja Okholm
114	#92 DDSF RK1 1. division Senior F 16+ Højby Emilie Loft Laura Sif Wichmann Maja Raun
115	#118 DDSF RK1 1. division Senior F 16+ Måløv Emilie Hess Emilie Hansen Katrine Ellegaard
116	#22 DDSF RK1 1. division Senior F 16+ Lillerød Sif Printz Selma Nielsen Ellen Knudsen
117	#115 DDSF RK1 1. division Senior F 16+ Måløv Vera Roed Grarup Line Fromberg Charlotte Schaffalitzky de Muckadell
118	#237 DDSF RK1 1. division Senior F 16+ Gug Julie Pedersen Laura Enggaard Laura Pedersen

119	#23 DDSF RK1 1. division Senior F 16+ Lillerød Ida Bach Meldal Rebecca Lynge Tutein Cecilie Langseth
120	#238 DDSF RK1 1. division Senior F 16+ Gug Anna-Lucca Vistisen Saramille Pedersen Freja Thon
121	#250 DDSF RK1 1. division Senior F 16+ Skensved Ea-Maivi Dahl Eriksen Mikkeline Nielsen Josefine Jacobsen
122	#235 DDSF RK1 1. division Senior F 16+ Gug Stine Pedersen Ida Carlsen Anja Byskov

5 MINUTTERS PAUSE

Double Dutch Pair Freestyle

Heat	Station 1
123	#200 DDPF RK1 1. division Junior F 12-15 IF32 Glostrup Natalie Fischer Mathilde Jeppesen Josephine Rasmussen Maja Nielsen
124	#240 DDPF RK1 1. division Junior F 12-15 Gug Marie Mikkelsen Freja Gustafson Karla Hansen Anna Mortensen
125	#31 DDPF RK1 1. division Junior F 12-15 Lillerød Dagmar Bruun Emma Poulsen Ida Harder Risto Stine Vesterlund Guldborg
126	#201 DDPF RK1 1. division Junior F 12-15 IF32 Glostrup Liva Bondesen Mathilde Andersson Ida Buttenschøn Jasmina Skaarup
127	#94 DDPF RK1 1. division Junior F 12-15 Højby Alfa Slumstrup Alba Espitia-Bønning Caroline Littau Karla Lodbjerg
128	#244 DDPF RK1 1. division Senior X 16+ Gug Mathilde Emmersen Julie Andersen Thea Jonassen Tobias Jonassen
129	#28 DDPF RK1 1. division Senior X 16+ Lillerød Josephine Grænge Rasmussen Karoline Nørgaard Simon Dahl Meincke Mathilde Helbo Larsen
130	#121 DDPF RK1 1. division Senior F 16+ Måløv Daimi Brander Wilkenskjeld Kille Fyhn Wilken Solveig Berg Seiersen Emilie Hansen

131	#30 DDPF RK1 1. division Senior F 16+ Lillerød Selma Nielsen Ellen Knudsen Cecilie Langseth Rebecca Lyng Tutein
132	#243 DDPF RK1 1. division Senior F 16+ Gug Stine Pedersen Ida Carlsen Lisa Byskov Anja Byskov
133	#29 DDPF RK1 1. division Senior F 16+ Lillerød Ellen Krogh-Madsen Laura Francis Lea Henriksen Natacha Vincent
134	#95 DDPF RK1 1. division Senior F 16+ Højby Michala Danielsen Julia Rasmussen Laura Sif Wichmann Maja Raun
135	#241 DDPF RK1 1. division Senior F 16+ Gug Anna-Lucca Vistisen Marie Madsen Saramille Pedersen Freja Thon
136	#119 DDPF RK1 1. division Senior F 16+ Måløv Line Fromberg Laura Rahbek Pedersen Sara Mekis Bach Vera Roed Garup
137	#32 DDPF RK1 1. division Senior F 16+ Lillerød Frida Printz Marie Johanne Riis Mathilde Morthorst Nina Krogh-Madsen
138	#120 DDPF RK1 1. division Senior F 16+ Måløv Herdis-Marie Møller-Nielsen Emilie Hess Katrine Ellegaard Charlotte Schaffalitzky de Muckadell
139	#242 DDPF RK1 1. division Senior F 16+ Gug Kirstine Arknæs Julie Pedersen Laura Enggaard Laura Pedersen

10 MINUTTERS PAUSE

Wheel Pair Freestyle

Heat	Station 1
140	#202 WHPF RK1 1. division Junior F 12-15 IF32 Glostrup Liva Bondesen Ida Buttenschøn
141	#204 WHPF RK1 1. division Junior F 12-15 IF32 Glostrup Sara Poulsen Mathilde Jeppesen
142	#203 WHPF RK1 1. division Junior F 12-15 IF32 Glostrup Mathilde Andersson Jasmina Skaarup
143	#245 WHPF RK1 1. division Senior F 16+ Gug Julie Christensen Cecilie Christensen

144 #96 WHPF
RK1 1. division Senior F 16+
Højby
Laura Sif Wichmann
Maja Raun

145 #13 WHPF
RK1 1. division Senior F 16+
Lillerød
Rikke Francis
Karina Helbo Larsen

146 #68 WHPF
RK1 1. division Senior F 16+
Farum
Alma Lautrup Hjulmand
Marie Hansen

147 #123 WHPF
RK1 1. division Senior F 16+
Måløv
Emilie Hess
Katrine Ellegaard

148 #12 WHPF
RK1 1. division Senior F 16+
Lillerød
Selma Nielsen
Rebecca Lynge Tutein

149 #122 WHPF
RK1 1. division Senior F 16+
Måløv
Line Fromberg
Herdis-Marie Møller-Nielsen

150 #11 WHPF
RK1 1. division Senior F 16+
Lillerød
Laura Francis
Natalia Rós Nielsen