

DM Master Senior 2022

Lørdag d. 8. oktober 2022

Fredericia Idrætscenter, Vestre Ringvej 100, 7000 Fredericia

PROGRAM

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| 11.00 | Mulighed for opvarmning |
| 11.00 | Dommermøde |
| 11.55 | Hold samles til Indmarch |
| 12.00 | Indmarch og Velkomst |
| 12.10 | Single Rope Speed Sprint (30 sek.)
Single Rope Speed Endurance (3 min.) |
| 13.45 | Single Rope Individual Freestyle |
| 16.00 (cirka) | Single Rope Triple Unders |
| 17.00 (cirka) | Medaljeoverrækkelse |

PRAKTISK

Entré: 50 kr.

Der kan købes mad og drikke i hallen.

Session: Senior Master
Start kl. 12.10

Single Rope Speed Sprint

Heat	Bane 1	Bane 2	Bane 3
1	#67 SRSS Senior M 16+ Lillerød Alfred Vous Wulf-Andersen	#267 SRSS Senior M 16+ Gug Tobias Freyvall Jonassen	
2	#75 SRSS Senior M 16+ Lillerød Marcus Lu-Nielsen	#421 SRSS Senior M 16+ Måløv Alfred Roed Grarup	#264 SRSS Senior F 16+ Gug Mathilde Drasbek Emmersen
3	#430 SRSS Senior F 16+ Måløv Katrine Ellegaard	#77 SRSS Senior F 16+ Lillerød Rebecca Lynge Tutein	#259 SRSS Senior F 16+ Gug Cecilie H. Christensen
4	#79 SRSS Senior F 16+ Lillerød Selma Björk Nielsen	#309 SRSS Senior F 16+ ODK Signe Lang Hemer	#177 SRSS Senior F 16+ Farum Freja Okholm
5	#78 SRSS Senior F 16+ Lillerød Natacha Meier Vincent	#446 SRSS Senior F 16+ Skensved Mikkeline Nielsen	#261 SRSS Senior F 16+ Gug Freja Kragbæk Thon
6	#425 SRSS Senior F 16+ Måløv Sara Mekis Bach	#71 SRSS Senior F 16+ Lillerød Ida Bach Meldal	#179 SRSS Senior F 16+ Farum Helena Overby Skou
7	#73 SRSS Senior F 16+ Lillerød Ellen Louise Knudsen	#445 SRSS Senior F 16+ Skensved Ea-Maivi Dahl Eriksen	#310 SRSS Senior F 16+ ODK Thilde Palmqvist Jensen
8	#70 SRSS Senior F 16+ Lillerød Frida Printz	#426 SRSS Senior F 16+ Måløv Herdis-Marie Møller Nielsen	#307 SRSS Senior F 16+ ODK Julia Hjordt Fagerholt
9	#69 SRSS Senior F 16+ Lillerød Josephine Grænge Rasmussen	#311 SRSS Senior F 16+ ODK Anna Müller	#453 SRSS Senior F 16+ Aarhus 1900 Ida Blicher Wessing
10	#181 SRSS Senior F 16+ Farum Marie Bondo Hansen	#260 SRSS Senior F 16+ Gug Emma Vedel Christensen	#424 SRSS Senior F 16+ Måløv Line Fromberg
11	#428 SRSS Senior F 16+ Måløv Emilie Anna Hansen	#323 SRSS Senior F 16+ Glostrup Mathilde Hjort Petersen	#72 SRSS Senior F 16+ Lillerød Cecilie Langseth
12	#258 SRSS Senior F 16+ Gug Anja Byskov	#308 SRSS Senior F 16+ ODK Sara Andersen	#429 SRSS Senior F 16+ Måløv Emilie Hess
13	#423 SRSS Senior F 16+ Måløv Laura Rahbek Pedersen	#266 SRSS Senior F 16+ Gug Thea Freyvall Jonassen	#176 SRSS Senior F 16+ Farum Catrina Petersen
14	#74 SRSS Senior F 16+ Lillerød Laura Francis	#262 SRSS Senior F 16+ Gug Ida Torp Carlsen	#175 SRSS Senior F 16+ Farum Alma Lautrup Hjulmand
15	#68 SRSS Senior F 16+ Lillerød Astrid Riis	#265 SRSS Senior F 16+ Gug Stine Strandbæk Pedersen	#178 SRSS Senior F 16+ Farum Emma Bisgaard
16	#76 SRSS Senior F 16+ Lillerød Marie Riis	#427 SRSS Senior F 16+ Måløv Vigga Kruse Partsch	#180 SRSS Senior F 16+ Farum Marie Stegemann Magnusse
17	#263 SRSS Senior F 16+ Gug Marie Adler Sønnichsen Madsen	#452 SRSS Senior F 16+ Aarhus 1900 Helga Tvorup Blohm	#422 SRSS Senior F 16+ Måløv Kille Fyhn Wilken

Single Rope Speed Endurance

Heat	Bane 1	Bane 2	Bane 3
18	#64 SRSE Senior M 16+ Lillerød Alfred Vous Wulf-Andersen	#411 SRSE Senior M 16+ Måløv Alfred Roed Grarup	
19	#59 SRSE Senior M 16+ Lillerød Marcus Lu-Nielsen	#240 SRSE Senior M 16+ Gug Tobias Freyvall Jonassen	#419 SRSE Senior F 16+ Måløv Katrine Ellegaard
20	#61 SRSE Senior F 16+ Lillerød Rebecca Lynge Tutein	#416 SRSE Senior F 16+ Måløv Herdis-Marie Møller Nielsen	#304 SRSE Senior F 16+ ODK Signe Lang Hemer
21	#63 SRSE Senior F 16+ Lillerød Selma Björk Nielsen	#322 SRSE Senior F 16+ Glostrup Mathilde Hjort Petersen	#412 SRSE Senior F 16+ Måløv Charlotte Schaffalitzky De Muckadell
22	#451 SRSE Senior F 16+ Aarhus 1900 Ida Blicher Wessing	#302 SRSE Senior F 16+ ODK Julia Hjørdt Fagerholt	#57 SRSE Senior F 16+ Lillerød Ellen Louise Knudsen
23	#234 SRSE Senior F 16+ Gug Emma Vedel Christensen	#53 SRSE Senior F 16+ Lillerød Josephine Grænge Rasmussen	#444 SRSE Senior F 16+ Skensved Mikkeline Nielsen
24	#305 SRSE Senior F 16+ ODK Thilde Palmqvist Jensen	#56 SRSE Senior F 16+ Lillerød Cecilie Langseth	#232 SRSE Senior F 16+ Gug Anja Byskov
25	#235 SRSE Senior F 16+ Gug Freja Kragbæk Thon	#168 SRSE Senior F 16+ Farum Marie Bondo Hansen	#414 SRSE Senior F 16+ Måløv Laura Rahbek Pedersen
26	#169 SRSE Senior F 16+ Farum Marie Stegemann Magnusse	#233 SRSE Senior F 16+ Gug Cecilie H. Christensen	#62 SRSE Senior F 16+ Lillerød Natacha Meier Vincent
27	#450 SRSE Senior F 16+ Aarhus 1900 Helga Tvorup Blohm	#415 SRSE Senior F 16+ Måløv Sara Mekis Bach	#54 SRSE Senior F 16+ Lillerød Frida Printz
28	#55 SRSE Senior F 16+ Lillerød Ida Bach Meldal	#418 SRSE Senior F 16+ Måløv Emilie Hess	#303 SRSE Senior F 16+ ODK Sara Andersen
29	#167 SRSE Senior F 16+ Farum Alma Lautrup Hjulmand	#417 SRSE Senior F 16+ Måløv Vigga Kruse Partsch	#236 SRSE Senior F 16+ Gug Ida Torp Carlsen
30	#52 SRSE Senior F 16+ Lillerød Astrid Riis	#420 SRSE Senior F 16+ Måløv Mille Leth Hellerøe	#238 SRSE Senior F 16+ Gug Stine Strandbæk Pedersen
31	#60 SRSE Senior F 16+ Lillerød Marie Riis	#237 SRSE Senior F 16+ Gug Marie Adler Sønnichsen Madsen	#413 SRSE Senior F 16+ Måløv Kille Fyhn Wilken
32	#239 SRSE Senior F 16+ Gug Thea Freyvall Jonassen	#58 SRSE Senior F 16+ Lillerød Laura Francis	#306 SRSE Senior F 16+ ODK Anna Müller

Single Rope Individual Freestyle

Heat	Station 1
50	#402 SRIF Senior M 16+ Måløv Alfred Roed Grarup
51	#34 SRIF Senior M 16+ Lillerød Simon Dahl Meincke
52	#28 SRIF Senior M 16+ Lillerød Marcus Lu-Nielsen
53	#214 SRIF Senior M 16+ Gug Tobias Freyvall Jonassen
54	#36 SRIF Senior M 16+ Lillerød Alfred Vous Wulf-Andersen
55	#160 SRIF Senior F 16+ Farum Helena Overby Skou
56	#408 SRIF Senior F 16+ Måløv Line Fromberg
57	#298 SRIF Senior F 16+ ODK Sara Andersen
58	#24 SRIF Senior F 16+ Lillerød Cecilie Langseth
59	#407 SRIF Senior F 16+ Måløv Laura Rahbek Pedersen
60	#301 SRIF Senior F 16+ ODK Anna Müller
61	#162 SRIF Senior F 16+ Farum Marie Stegemann Magnusse
62	#33 SRIF Senior F 16+ Lillerød Natacha Meier Vincent
63	#207 SRIF Senior F 16+ Gug Emma Vedel Christensen
64	#297 SRIF Senior F 16+ ODK Julia Hjordt Fagerholt
65	#206 SRIF Senior F 16+ Gug Cecilie H. Christensen
66	#449 SRIF Senior F 16+ Aarhus 1900 Ida Blicher Wessing
67	#25 SRIF Senior F 16+ Lillerød Ellen Louise Knudsen

10 MINUTTERS PAUSE

68	#211 SRIF Senior F 16+ Gug Mathilde Drasbek Emmersen
69	#208 SRIF Senior F 16+ Gug Freja Kragbæk Thon
70	#410 SRIF Senior F 16+ Måløv Vigga Kruse Partsch
71	#300 SRIF Senior F 16+ ODK Thilde Palmqvist Jensen
72	#35 SRIF Senior F 16+ Lillerød Selma Björk Nielsen
73	#158 SRIF Senior F 16+ Farum Emma Bisgaard
74	#27 SRIF Senior F 16+ Lillerød Marie Broen Magersholt
75	#212 SRIF Senior F 16+ Gug Stine Strandbæk Pedersen
76	#30 SRIF Senior F 16+ Lillerød Josephine Grænge Rasmussen
77	#26 SRIF Senior F 16+ Lillerød Laura Francis
78	#213 SRIF Senior F 16+ Gug Thea Freyvall Jonassen
79	#22 SRIF Senior F 16+ Lillerød Frida Printz
80	#406 SRIF Senior F 16+ Måløv Kille Fyhn Wilken
81	#31 SRIF Senior F 16+ Lillerød Astrid Riis
82	#210 SRIF Senior F 16+ Gug Marie Adler Sønnichsen Madsen
83	#403 SRIF Senior F 16+ Måløv Emilie Anna Hansen
84	#205 SRIF Senior F 16+ Gug Anja Byskov
10 MINUTTERS PAUSE	
85	#299 SRIF Senior F 16+ ODK Signe Lang Hemer
86	#448 SRIF Senior F 16+ Aarhus 1900 Helga Tvorup Blohm
87	#404 SRIF Senior F 16+ Måløv Emilie Hess
88	#405 SRIF Senior F 16+ Måløv Katrine Ellegaard

89	#443 SRIF Senior F 16+ Skensved Mikkeline Nielsen
90	#209 SRIF Senior F 16+ Gug Ida Torp Carlsen
91	#32 SRIF Senior F 16+ Lillerød Rebecca Lynge Tutein
92	#442 SRIF Senior F 16+ Skensved Ea-Maivi Dahl Eriksen
93	#23 SRIF Senior F 16+ Lillerød Ida Bach Meldal
94	#161 SRIF Senior F 16+ Farum Marie Bondo Hansen
95	#157 SRIF Senior F 16+ Farum Catrina Petersen
96	#29 SRIF Senior F 16+ Lillerød Marie Riis
97	#409 SRIF Senior F 16+ Måløv Sara Mekis Bach
98	#159 SRIF Senior F 16+ Farum Freja Okholm
99	#321 SRIF Senior F 16+ Glostrup Mathilde Hjort Petersen

Single Rope Triple Unders

Heat	Bane 1	Bane 2
100	#438 SRTU Senior M 16+ Måløv Alfred Roed Grarup	#3 SRTU Senior M 16+ Lillerød Simon Dahl Meincke
101	#270 SRTU Senior M 16+ Gug Tobias Freyvall Jonassen	#440 SRTU Senior F 16+ Måløv Line Fromberg
102	#1 SRTU Senior F 16+ Lillerød Josephine Grænge Rasmussen	#439 SRTU Senior F 16+ Måløv Emilie Anna Hansen
103	#269 SRTU Senior F 16+ Gug Emma Vedel Christensen	#441 SRTU Senior F 16+ Måløv Laura Rahbek Pedersen
104	#2 SRTU Senior F 16+ Lillerød Natacha Meier Vincent	#268 SRTU Senior F 16+ Gug Cecilie H. Christensen