

To:

- * Norwegian Gymnastics Federation, att: Kjetil Folkvord
- * Icelandic Gymnastics Federation, att: Olga Bjarnadóttir
- * Finnish Gymnastics Federation, att: Janniina Väänänen
- * Swedish Gymnastics Federation, att: Sofia Svegander

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- * Norwegian Gymnastics Federation, att: Hermod Buttedahl
- * Icelandic Gymnastics Federation, att: Íris Mist Magnúsdóttir
- * Finnish Gymnastics Federation, att: Sonia Solismaa
- * Swedish Gymnastics Federation, att: Sandra Törnvall

July 2021

**Invitation,
Nordic Championships TeamGym junior
April 9 th 2022, Randers Denmark**



Dear friends of TeamGym,

The Danish Gymnastics Federation hereby invites you to the Nordic Championships TeamGym Junior 2022. We are pleased to give you the following information:

1. Date

Thursday April 7th

20:00-22:00 Meeting of the Nordic Technical Committee TeamGym (NTC-TG).

Friday April 8th

Arrival and accreditation of the teams

09:00-12:30 Meeting of NTC-TG (continued).

15:00-20:00 Training for the teams.

20:00 Information meeting for head of delegation, coaches and judges.

20:30 Judges meeting (if necessary).

Saturday April 9th

Warm-ups, judges meetings opening ceremony and competitions.
Award ceremony, evaluation meeting and banquet.

Sunday April 10th

Departure.

2. Venue

The competition will take place in **Arena Randers, Fyensgade 1, 8900 Randers C.**

The competition arena is situated in the centre of Randers, about a 20 minute walk from the central railway station, central bus station.

The hotels will be in the centre of Randers and the distances from hotels to the Arena will be from 800 meters – 7 km. Special shuttle buses between the hotels and the competitions arena will be arranged. Further information about this will follow in the next information.

3. Competition format and apparatus

The competition rules will be according to the Nordic TeamGym Championship, TECHNICAL REGULATIONS.

List of apparatus

According to the technical regulations – art. 18.2 - Nordic adaptations:

The UEG Equipment Directives (September 2013, Revision A February 2016) will be applied with the following exceptions:

The floor area will be reduced to 16 m x 14. The area is made up of 8 mats, 2 m wide and a minimum 14 m long. The OC may, if necessary due to space limitations, provide only one landing area for trampet. The OC must give information of the number of landing areas for trampet in the Work Plan.

All equipment will be provided by Euro Gymnastic Equipment.

List of apparatus:

Floor area: 16x14 m. white borders for marking the competition area. The floor will be with "invisible" Velcro connections.

Tumbling track: 15m consisting of:

15 pcs of fiber sections á 1 m

2 x 15 m rail construction

1 pc 15x2 m roll mat with felt on top, 3,5cm thick

1 pc 15x2 m tumbling mat, 6cm thick

15 m top-cover in net mesh

16 m run-up for tumbling-track - the same height as the tumbling-track. The run-up is made by a 16 meter rail construction, and on top a 25 mm. thick run-up mat same quality as trampet run-up.

Landing area tumbling 700x400cm consisting of:

- 1 pc landing mat 600x300cm with a White landing zone 400x200cm
- 2 pcs safety area 700x50cm
- 1 pc safety area 100x300cm
- 2 pcs safety strips 400x50cm
- 1 pc additional crash mat 400x200x10cm

Trampette:

- 1 pc MD-trampet model "SUPER G" 32 springs
- 1 pc MD-trampet model "SUPER G" 36 springs
- 1 pc MD-trampet model "SUPER G" 40 springs
- 1 pc vaulting table model "Flying"
- 2 pcs run-up mat for trampet, 25 m.

Landing area trampet and vaulting consisting of:

- 2 pcs landing mat 600x300cm with a white landing zone 400x200cm
- 2 pcs safety area 700x50cm
- 1 pcs safety area 600x100 cm
- 1 pc additional crash mat 400x200x10cm

4. Organising committee (OC)

The events is organized by the Danish Gymnastics Federation and the local club Randers.

5. Distribution of official information

All official information concerning the Championship will be distributed by e-mail as follows:

Nordic Technical Committee TeamGym (NTC-TG)

Federation	Name	Email	Phone
Denmark	Max Andersen	max@gymdanmark.dk	+45 5386 2323
Finland	Janniina Väänänen	janniina.vaananen@welho.com	+358 40 7296718
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Contact Persons administration national federations

Federation	Name	Email	Phone	Mle
Denmark	Espen Larsen	esl@danskidraet.dk	+45 51712912	+45 51712912
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Norway	Hermod Buttedahl	hermod.buttedahl@gymogturn.no	47 95189211	+47 95189211
Sweden	Sandra Törnvall	trupp@gymnastik.se	+46 703444827	+46 703444827

6. Provisional registration

Please send your provisional registration, including number of teams in each section, to the Danish Gymnastics Federation, att. Anne Wium e-mail: esl@danskidraet.dk, **no later than October 9th 2021**.

Important deadlines:

Provisional registration October 9th 2021

Definitive registration February 9th 2022

Nominative registration March 18th 2022

Yours sincerely

Anders Jacobsen
President

Danish Gymnastics Federation

Kenneth Pingel
Chairman

Technical Committee TeamGym