



Dear Teamgym friends,

The International Teamgym Camp Portugal by Sunlive Group have great pleasure in inviting gymnasts and coaches from the all over the world, to participate in a 6 days Training Camp in Anadia, from 2<sup>nd</sup> to 7<sup>th</sup> of September in PORTUGAL.

This Training Camp offers an excellent opportunity to develop your knowledge and skills as a TeamGym gymnasts as well as for all Coaches taking part. This Camp consists of practical sessions in all three disciplines of TeamGym; Floor, Tumbling and Trampet as well as theoretical sessions for Coaches.

There will several international experts covering the three disciplines as well as international gymnasts acting as support coaches.

With a modern National Gymnastics Training Center, Anadia will amaze everyone with its beauty, its modern developed infrastructure and its unique nature surrounding.

All gymnasts and participating coaches or future coaches will be able to enjoy the exceptionally comfortable conditions offered here.

Thanks to its favourable location, the participants can easily and quickly get to Anadia from the Oporto International Airport, only 60 minutes by bus or using the train.

We truly hope that you are going to take an active part in this International Teamgym Camp in Anadia, Portugal and contribute to this International Teamgym movement.

The Camp organisers welcomes all representatives and anticipates the participation of both current and new TeamGym gymnasts and coaches.

Looking forward to seeing you in Anadia!

We remind you to respect the deadlines.

### **REGISTRATION FORMS:**

For Groups (clubs): [Click here](#)

For Individual: [Click here](#)

Find more information at [www.teamgymportugal.pt](http://www.teamgymportugal.pt)

With kind regards

**THE INTERNATIONAL TEAMGYM CAMP PORTUGAL by Sunlive Group**

Kim Fischer (DEN)

Camp Head Coach



**INTERNATIONAL  
TEAMGYM  
TRAINING CAMP  
PORTUGAL 2019**